

THE GATEWAY

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@uofavotes2009

The Gateway is your source for coverage along the campaign trail during the 2009 U of A Students' Union executive elections.

Follow us in print and online for the next two weeks as we bring you the top stories about the candidates and the controversies.

today

- SU Candidate Q&As, Part 1: VP (Operations & Finance) and VP (External).
- BoG candidate Dollansky disqualified.

thursday, 26 february

- SU Candidate Q&As, Part 2: President, VP (Academic), and VP (Student Life).

tuesday, 3 march

- Election Dissection: The Gateway's annual panel of experts takes a look at this year's candidates and assembles their ideal SU Executive.
- Myer Horowitz candidates' forum in review.

thursday, 5 march

- The Poster Slam! A less-expert panel of Gateway staff rips down and tears up the best and worst of this year's campaign posters.

friday, 6 march

- The Gateway's annual election special turns three and brings you the final election results first. Look for this limited release in SUB, ETLC, CAB, and HUB before it's gone!

thegatewayonline

Find the latest elections information, including our exclusive live video webcast of the Myer Horowitz forum at Gateway election headquarters:

thegatewayonline.ca/uofavotes2009

For up-to-the-minute coverage, find the Gateway's official political correspondent Chudleigh on Twitter at:

twitter.com/chudleighvotes



STAY GOLD, PONYBOYS Bears volleyball defended their conference title on Saturday night. Details on page 18.

PETE YEE

PSLA Act to extend university name use

JONATHAN TAVES
News Staff

Alberta may add two more universities to its postsecondary ranks soon, as both Grant MacEwan and Mount Royal colleges will have the ability to upgrade their classification following the expected passing of a bill on the legislature floor this spring.

The 2009 Post-Secondary Learning Amendment Act will allow the two institutions to apply for the name change due to their status as Baccalaureate and Applied Studies institutions in the provincial government's six sector postsecondary model.

"[The amendment] allows them to apply to incorporate the term 'university' in their legal name," explained Manmeet Bhullar, MLA for Calgary-Montrose and carrier of the bill.

"It's also an important step in promoting collaboration. We've got a significant interest in promoting collaboration among Alberta postsecondary institutions."

PLEASE SEE PSLA • PAGE 4

ECV renovations schedule completion for 2010/11

JENNIFER HUYGEN
Senior News Editor

East Campus Village (ECV) has been targeted by the University of Alberta for two new housing complexes that are intended to serve the needs of graduate and aboriginal students in an effort to increase overall residence spaces on campus.

The Aboriginal Student Housing project is expected to provide approximately 120 bed spaces in a mix of two- and four-bed units, and the Graduate Student Housing complex will see approximately 250 bed spaces in two bed and studio units.

All development will take place in the north-east quadrant of campus from 87 Avenue to Saskatchewan Drive and between 110 Street and 111 Street.

"It would essentially be trying to densify the population of East Campus Residence to ensure that we have the capacity to meet our growing residence needs. Currently we have a residence rate on campus that's somewhat lower than the average across North America, and we're trying to increase the capacity we have to house students in residence on campus," said Students' Union President Janelle Morin.

Morin explained that the U of A is striving to meet their goal of 20-25 per cent residence capacity by the year 2020.

According to Doug Dawson, Director of

Ancillary Services—the department overseeing the construction of the new residences—these projects address critical demographics within the University community.

"We are one of the major, larger research intensive universities in Canada, and we don't have a dedicated graduate student housing complex, although we have lots of spaces for graduate students. It was believed that a dedicated graduate student housing complex was important, similarly for aboriginal students," he said.

"It was believed that a dedicated graduate student housing complex was important, similarly for aboriginal students."

DOUG DAWSON
DIRECTOR OF ANCILLARY SERVICES

"The aboriginal community is largely underserved, and this facility is intended to make it easier for aboriginal peoples wanting to pursue postsecondary and for students who want to live in an aboriginal environment as well."

While final designs are still pending, Morin noted that members of the SU, Graduate

Students' Association, and aboriginal elders have been involved in the conceptualization of the aboriginal residence under the direction of a working group organized by Provost and Vice President (Academic) Carl Amrhein.

The development projects will not affect the current walk-up units in ECV, but will instead concentrate on the individual houses located further north, which are owned by the University. Some houses will be relocated to accommodate the construction while older homes in bad repair will likely be demolished, said Dawson.

Despite the location of some historic properties in the surrounding Garneau area, the only University designated historic building is the Emily Murphy House, which will remain untouched during the construction, and changes will adhere to previously negotiated guidelines.

"There are design guidelines that were negotiated with the Garneau community a couple of years ago so that any architect designing new facilities in that area has to be mindful and respectful of the architectural integrity of the area," Dawson added.

Both projects—as well as a third amenities facility—are expected to cost between \$30-35 million. Dawson hopes to begin construction this summer after seeking final Board of Governors approval on the developments, and estimates a completion date late in 2010 or early 2011.

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Bless the rains in Africa

Conal Pierse explains why mystical AIDS "cures" and black magic bandits are no laughing matter

OPINION, PAGE 9



Food, glorious food

Our intrepid reporters put their stomachs on the line, altering their diets—and bowel movements

FEATURE, PAGE 12-13

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colophon

The Gateway is created using Macintosh computers, HP Scanjet flatbed scanners, and a Nikon Super Cool Scan optical film scanner. Adobe InDesign is used for layout. Adobe Illustrator is used for vector images, while Adobe Photoshop is used for raster images. Adobe Acrobat is used to create PDF files which are burned directly to plates to be mounted on the printing press. Text is set in a variety of sizes, styles, and weights of FENICE, Joanna, Kepler and Whitney. The Manitoban is the Gateway's sister paper, and we love her dearly, though "not in that way." The Gateway's games of choice are Street Fighter IV and Polarity.

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New Dean of Extension has teaching in her blood

RYAN BEAUVAIS
News Staff

For Katy Campbell, education was a culture when she was growing up. The daughter and granddaughter of teachers, Campbell and her sisters were raised in a household where education was considered not only a means to an end, but a philanthropic principle that could better society when put into action.

Effective 1 July, Campbell will be confirmed as dean of the University of Alberta's Faculty of Extension. In a Faculty where helping adult and lapsed learners further their education is the *raison d'être*, Campbell's family values will come in handy.

"We were kind of doomed," she muses, recalling the sense of destiny that teaching seemed to hold for her family. "[We] pretty much had to be teachers."

Not only has Campbell made a career out of education, but her sisters have as well—one as an adult educator and the other as a philosophy professor.

"I want to contribute to achieving social justice—maybe even globally," she explains. "[I want] access to education, no matter where you live, who you are, or what your circumstances are. And, the opportunity to use your learning to help others."

Campbell credits her mother—a WWII veteran who went on to teach a veritable cornucopia of students ranging from rural schoolchildren to juvenile delinquents—as the reason for her social action approach

to education.

Learners are her central consideration when making decisions, rather than administrative expedience, she says.

"Sometimes it seems like meetings, meetings, meetings," she notes of her duties as dean, among which she lists coordinating with her staff and serving on committees relevant to adult education.

But Campbell is sanguine about the work, even its down sides. She prefers to view those difficulties in her job as challenges.

One of her most difficult tasks came shortly after her appointment as interim dean when, in mid-2007 the entire faculty was relocated from the U of A's North Campus to Enterprise Square downtown, forcing a considerable re-organization of staff and office space.

But the upheaval of location hasn't impeded the work that Campbell would like to see the faculty offer its students.

"We have a new academic plan. We're developing learning experiences on the graduate side more now," she explains. "The Faculty of Extension for over 80 years didn't do any credit programming and it's been very challenging."

Part of this plan is to admit a share of graduate students based on a relaxed GPA requirement tailored to older learners; people who may have the relevant life experience for a specific graduate degree, but didn't plan for graduates studies when completing their undergraduate degree.



SAM BROOKS

TAKING CHARGE Katy Campbell is the new dean of the Faculty of Extension.

Campbell considers these kinds of educational initiatives part and parcel to turning education into social action.

In addition to offering an array of undergraduate-like courses in the arts, sciences, business, and education fields, the Faculty also coordinates special projects to help learners from marginalized communities.

Campbell began her own career as a French teacher at a county school in Westlock just outside of Edmonton. Years and children later, she returned

to the U of A to complete a PhD in Instructional Studies, focusing on the impact of learning techniques on social development.

Looking to the future, she hopes to explore creative writing as a hobby, but is most hopeful about the prospect of performing more research in instructional design. Her new title as dean, she jests, will undoubtedly be of use in this.

"I've started to, in my research, get braver over the last ten years, because now I have tenure!"

STREETERS

Compiled and photographed by
Kirsten Goruk and Pete Yee

As you may be aware, the SU Executive election campaign has begun.

What do you think is the biggest issue this election campaign?

**Brad Kaastrop**
Psychology III**Paige Irwin**
Psychology III**Andrea Fitzgerald**
Arts I**Tyler Gamblin**
Science III

I would say communication between students. What the students need and want, and what the Students' Union is doing. So that we get the issues we want taken care of.

To be honest, I haven't really been paying much attention to the issues. [Why haven't you been paying attention?] I was studying a lot and then not doing much over reading week. Maybe it's that I don't care enough.

I'd say having an eco-friendly campus is a big issue. It's the biggest concern right now that people aren't paying enough attention to.

Probably student housing because it's getting jacked up—I actually don't live on campus anymore and that's probably why.



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Fight-or-flight response linked to chronic stress disorders—study

CAROLINE LEE
News Staff

Merging the fields of engineering with medicine, researchers at the University of Alberta have introduced an unconventional perspective on severely disabling chronic stress disorders with their novel treatment proposal.

Collaborating with several clinical co-investigators in the United States, the U of A research team used numerical simulations to model the body's "fight-or-flight" mechanism that is normally activated by the hypothalamic-pituitary-adrenal (HPA) axis during stress.

They discovered that chronic stress conditions persist in patients due to homeostatic mechanisms, an internal system that maintains a constant state within the body. In situations of chronic stress, the body adapts to these conditions by establishing a new equilibrium state, where all opposing systems are balanced.

"The model that we're working with predicted two stable equilibriums and we were able to come up with a very robust way of resetting it. We were mathematically able to describe a disease state and a healthy state," described Dr Amos Ben-Zvi, an associate professor in the Department of Chemical and Materials Engineering.

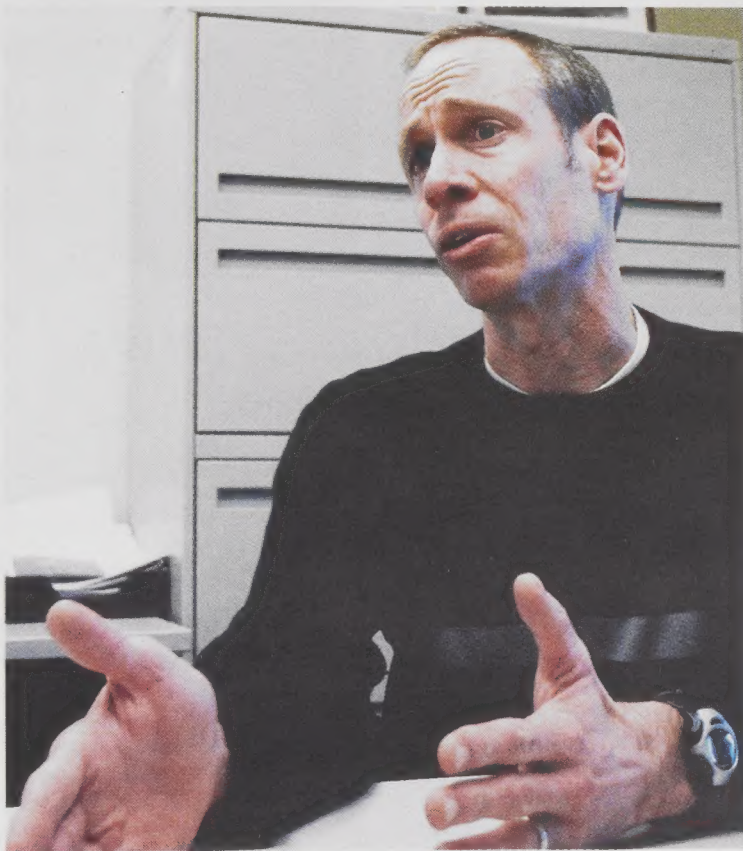
Together with associate professor in pulmonary medicine Dr Gordon Broderick, Ben-Zvi used their mathematical model to develop a potential short-term treatment to restore normal homeostatic conditions through the use of cortisol, a central hormone associated with stress.

"This is the beauty of it. Rather than putting you on a drug for the rest of your life and trying to put a Band-Aid on it, the idea here is to give you a one-step intervention. You don't have to be dependent on a drug for the rest of your life," explained Broderick.

"Here, if we tie up cortisol, reduce its bioavailability temporarily, let it go, and release it, the control system will bounce around and shoot itself back into a normal regulatory state."

Affecting an estimated 500 000 Canadians, chronic fatigue syndrome (CFS) and other related disorders are of major concern with patients suffering from a wide-range of disabling symptoms, including severe fatigue, cognitive impairments, and muscle and joint pain. In particular, susceptibility to autoimmune disorders, such as multiple sclerosis, is thought to increase as a consequence of HPA dysfunction.

In a typical stress response, cortisol production is increased to engage the fight-or-flight response, maximizing survival. However, during chronic



BEAU DESAULNIERS

UNDER PRESSURE Dr Gordon Broderick is one of the associate professors working on a new model of treatment for people suffering from chronic stress.

stress, high levels of cortisol feed back on the system to actually reduce the activity of the HPA.

"If you're being chased by a lion and you knock your knee, you don't want your knee to be inflamed. It will limit your mobility, so you will get eaten by the lion. [The body is] shutting down a lot of other systems because [its] main priority is survival," Broderick described.

"CFS patients typically don't produce enough cortisol. One of the theories behind that is that the immune system has become desensitized to cortisol, so, it's actually tuning down the flight-or-flight system more than it should."

To combat this problem, the research team suggests a seemingly counter-intuitive treatment: reducing levels of cortisol using binding proteins, such as cortisol binding globulin.

By doing so, Broderick explained that the body could be tricked into believing that there's not enough cortisol present, inducing its production. This, in turn, allows patients to respond more appropriately to stress, as the flight-or-flight mechanism can be restored to the healthy state.

"Binding globulin would tie up cortisol's bioavailability for a finite period of time. Meanwhile, the fight-or-flight axis is ramping up its production. Then, you release this [bound] cortisol that's already in the system, so you have a higher bioavail-

ability," he continued.

"It's sort of like revving your engine and releasing the brake—it will shoot forward."

Perhaps, the most exciting part of this study is the fact that the mathematical model could be used to individualize treatment for each patient. Through this model, the researchers can predict the way the body will react to a variety of treatment conditions.

"You would put this person on a stress test and get their specific bio-fingerprint. Then, you can design a treatment specifically to your dynamics," explained Ben-Zvi.

However, while the findings of this study coincide with clinical observations, the researchers still have to recalibrate their model with experimental results to further support their hypothesis. Though they are seeking funding to conduct their clinical trials, Broderick believes that because they will be using drugs that are already FDA approved, their application process will be shortened immensely.

"Because treatments that we would use, at least at first, to exploit this, are already FDA approved, it [will be] a much shorter process to get those studies approved and start recruiting people into the studies," he concluded.

"People are very ill and they're just desperate for some kind of hope or track. There's a lot of interest right now because there's some promise in the approach."

head. He had been chasing some friends around when he tripped and smacked into a wall. 5-0 gave him a ride to the U of A Hospital ER for treatment.

DIGITAL VIDEO DEBAUCHERY

An hour-and-a-half later, Campus 5-0 returned to Lister after receiving multiple reports of a disturbance. Officers arrived and found two drunk males holding a DVD player. The player was stolen from a resident of Lister, and one of the pair tried to make a hasty exit but he was caught and arrested for public intoxication. The pair were turned over to Edmonton Police, who drove them back to their downtown hotel room. The DVD player was unharmed and was returned to its rightful owner.

QUITE THE RAP SHEET

In the morning of 21 February, Campus 5-0 found a suspicious male sleeping in a quiet room in SUB. When awoken, the dodgy dreamer identified himself as a non-student and told officers of his extensive criminal history, including dealing drugs on campus. It was discovered that he was staying at a nearby group home, but when contacted the group home indicated that they couldn't currently take him in. He was removed from campus and told not to return.

CONCRETE MEETS BRICK

At 2am on 22 February, Campus Security responded to a first aid call at Lister. Upon arrival, the officers found a drunk male student with a goodly knock on his

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1) to offer as a reason in support of an argument; bring up as an example; give as proof or evidence; cite

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CAMPUS CRIME BEAT

Compiled by Mike Otto

HELP YOURSELF

In the afternoon of 20 February, Campus Security received a report of a theft from a student's room in Lister Centre. A camera worth about \$1000 was taken and the room was ransacked when it was left unlocked for two-and-a-half hours. Campus Security and Edmonton Police are investigating since the theft may be related to another year-old crime.

MacEwan to review option

PSLA • CONTINUED FROM PAGE 1

"We want our institutions to [...] work together wherever they can, so we provide a learning environment that wins for students, wins for society as a whole, and serves our economy well as well," he added.

Both institutions already offer university level degrees, so the new title will not drastically affect their day-to-day operation.

"The name does not change the mandate of our institution. We will still continue to offer a variety of certificates, diplomas, applied degrees, and undergraduate baccalaureate degrees," explained David Beharry, Grant MacEwan's Media Relations Advisor.

Under the government's six-sector model, the two institutions would still fall under a separate category than Athabasca University and the universities of Calgary, Lethbridge, and Alberta, in that they are less research intensive.

"This [legislation] continues to add to the strength of our roles and mandates framework by clarifying some rules around the term university," Bhullar said. "It's a reflection of the fact that [MacEwan and Mount Royal] are fine institutions that do great work in the undergraduate category."

Mount Royal is expected to apply immediately to add "University" to its name following the passage of the act, while MacEwan may take time to review the option.

"We need to discuss this with our internal stake holders, we need to talk to our faculty, staff, and student associations and see how they feel about a possible name change," Beharry said.

Unlike MacEwan, Mount Royal has been advocating for this change for some time. In anticipation, it

has developed its own degrees and restructured faculty roles and administration governance, explained Robin Fisher, Mount Royal's Provost and Vice President (Academic).

"Over the last five years we've been working towards looking like a university so that when the name came it would make sense," he said.

Fisher believes that the distinction will allow more options for the students that attend the new universities.

"The name itself is not really what it's all about. It's important because of what it does for our students, [in terms of] access into the institution and pathways out. [Students] will be able to move more readily into graduate and other professional programs," he noted.

"We've been working towards looking like a university so that when the name came it would make sense."

ROBIN FISHER
MOUNT ROYAL COLLEGE PROVOST AND
VICE PRESIDENT (ACADEMIC)

The potential benefits can be achieved as long as the administrative and financial support is there, notes Duncan Wojtaszek, the Executive Director of the Council of Alberta University Students.

"There is a concern, regardless of whether that institution is the University of Alberta or MacEwan, that the degrees are properly funded and supported by the institution. That concern exists regardless of the moniker," he said.

Dollansky disqualified from race

JENNIFER HUYGEN
Senior News Editor

Undergraduate Board of Governors (BoG) candidate Steven Dollansky was disqualified from his electoral race on 15 February for a failure to report his University keys to the elections office within the acceptable time period as outlined by SU bylaw.

Chief Returning Officer (CRO) Patrick Wisheu released his second ruling—and first disqualification—of the SU election campaign during the first weekend of Reading Week, putting a halt to the current Students' Union Vice President (Operations and Finance)'s run for a seat on the University's highest governing body.

According to SU Bylaw 2000, "All candidates and campaign managers shall, within 24 hours of the nomination deadline, report to the CRO any keys, cards, and other means of access to any building or room on the University of Alberta campus."

The nomination deadline fell on 13 February, requiring all current SU or University employees running as candidates to report their access keys by 5pm Saturday night.

After sending out a courtesy reminder email at approximately 3:30pm on Saturday afternoon, Wisheu heard back from Dollansky at 5:11pm, acknowledging a report of keys but failing to do so before the deadline.

Dollansky noted that because he was running in an uncontested race, he would have been allowed to keep the keys to his SU office during the campaign. He views the penalty as severe in his situation.

"Do I think that the penalty is



FILE PHOTO: LAUREN STIEGLITZ

KEYS TO THE BOG Current SU Vice President (Operations and Finance) Steven Dollansky plans to run again in the board representative by-election.

harsh? You bet. Do I think that it's a ridiculous rule? Not in all cases. In my case, it's very ridiculous. But the rules are the rules and I should have been a little more attentive to what was required of me even though it is an uncontested race," he added.

"I have a second job, like many students, and didn't have the foresight to book the evening of the all-candidates meeting [after the nomination deadline] off. Had I been at the all-candidates meeting I definitely would've not made this unfortunate oversight," Dollansky said, explaining that he sent a proxy to the mandatory meeting where candidate expectations are

summarized.

Wisheu explained that the most likely course of future action will be to hold a by-election for the BoG representative simultaneously with faculty councillor elections later in March.

He also noted that Dollansky had the opportunity to appeal the decision to the Discipline, Interpretation, and Enforcement (DIE) Board after the ruling was made. Dollansky declined an appeal and instead plans to run again when the elections office re-opens nominations for the position.

"I can, and I will, and I'll win, or I plan to win," Dollansky said.

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VPX candidates address provincial, national PSE issues

The Vice President (External) oversees relations between the Students' Union, government, and the community-at-large, and is responsible for developing policy on education funding priorities.

Compiled by Simon Yackulic

1 What would you say is your top priority as incoming VPX, and how do you plan to achieve this?

Beverly Eastham: I think one of the biggest priorities, especially right now in this economic situation that we have, is to ensure that both the provincial and federal governments continue funding postsecondary education at levels equal to or higher than they have been in the past. Also, working with the City [of Edmonton] on affordable housing issues and working on increasing the options for students. As well, on campus, we should be working with the University on the student financial aid survey and looking at what's being done on campus for financial aid for students and what else we can do.

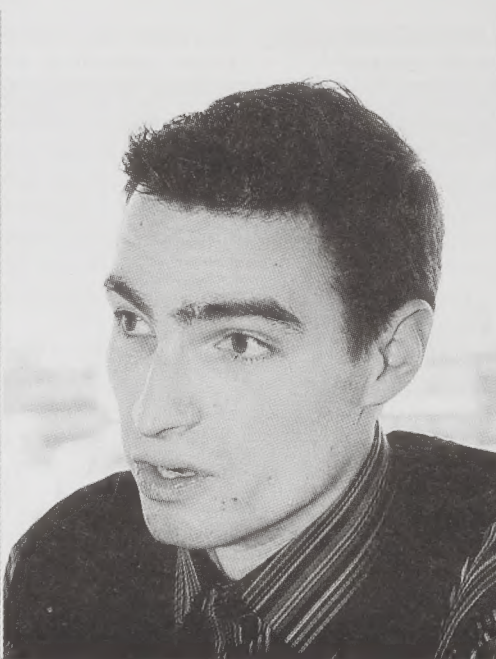
Aden Murphy: It's going to be a split between the Rural Tours program [where the SU would travel to small towns to lobby decision-makers on postsecondary education]—to influence the opinion shapers that actually talk to the Progressive Conservative party—as well as with engaging students, keeping the Students' Union accountable and maintaining our current levels of advocacy within the provincial government and federal government. It's hard to say one top priority, as I have to juggle them all.

Justin VannPashak: I think I'd like to establish a new strategy for advocacy. I think that involves taking a more professional approach—I think a lot of our approaches in the past have been focused on theatrics and appealing to emotions rather than the practical aspect. We live in a province where people are very practically minded and I think that if we came across as more professional we'd get a lot more accomplished. To me, that means taking not just the problems to the government but also bringing the solutions as well.

I'd like to start some definite discussion on what the solutions to these problems are, where the government can take money from certain ministries or what have you and redistribute to advanced education. So solutions first, not just the problems.

2 What will you do ensure that the student voice is represented at the provincial and national level?

Eastham: Provincially working with our provincial lobby group, the Council



PETE YEE

RALLYING THE TROOPS Vice President (External) candidates Justin VannPashak, Aden Murphy, and incumbent Beverly Eastham discuss their campaign platforms.

of Alberta University Students (CAUS), which I have had the pleasure on serving as chair for the last year. It's been difficult though, given that the surplus was quite a bit lower than it was expected to be, so making sure that post-secondary education receives the attention it needs has been tough. We've seen lots of progress with that, and on the federal level working through CASA—where I've been the chair of the policy committee—which has given me a chance to work on policy.

Murphy: For both the provincial and national level we do a lot of good work through our lobby organizations. Both the Alberta and national organizations do good work, but with the provincial level, we have more reach because we can go and talk to our local MLAs and ministers individually.

VannPashak: Strong coordination with other groups will be a major focus of my time in office. We have lots of groups, from affordable housing groups to student groups on other campuses that we really should coordinate directly with and use their resources with our resources [...] Getting students more active will be a major part of my campaign. Everybody says they are going to do that, but my policy is [that] I'm going to try something a little bit new. It will be on my platform, it's just a multimedia approach that entertains and informs students about what's going on. It uses more modern techniques like the Internet, which I think has been underused in the past.

3 How do you plan to improve student-related advocacy?

Eastham: Making sure we're working with our lobby groups, since they provide us with a forum to work with other students—meaning that it's not just our own voice.

One of the biggest challenges has been coming into this portfolio, learning about all the issues, but remembering that there are lots of students here that are interested in being involved [...] I know the issues and I know what's going on, so I don't have to learn that. I can spend my time getting students involved and actually talking to them, finding out how they can be more involved with what the Students' Union is doing, because it's a terminal problem with the Students' Union. Students are too busy trying to pay off their loans, working different jobs and trying to get through school as fast as they can, they don't have as much time to be involved.

Murphy: We've had fairly successful student advocacy efforts this year; we need to ensure that future advocacy efforts are more student driven and less Students' Union driven. As much as the Students' Union has put a lot of effort towards running campaigns, if students don't take ownership and make it their campaign, the campaign is going to be severely limited.

We did fairly well this year, but we still have to get more students included in advocacy efforts. I'm not talking about riots and protests like in Quebec universities, but it's important to show the Board Of Governors, and the province, and media that students care. Not that we're whining about it but that we're serious, and if education doesn't become more affordable, there's going to be many people who can't afford to continue or don't go in the first place.

VannPashak: That's pretty much the major part of my platform. It's something where you can set up some strategies that can be carried on for a long time. So my strategies just really involve coming up with the solutions.

[For example], if you're asking the government for advanced funding,

or more bursaries, or scholarships, or grants, you go to the government and say, "Hey, can we have some more money?" and that's kind of been the strategy employed by student groups in the past. To ask for more money, [to] express the problem—it hasn't been really solution-based. So what I suggest is coming forward with the solutions, with the proposal showing how it benefits both the government and students. So that means analyzing the budget, doing some projects, and being smart.

4 What is your position on the SU's recent membership in the Canadian Alliance of Student Associations (CASA) and why?

Eastham: Obviously in support of CASA. As a councillor, I was a bit hesitant to join CASA [...] [but] I have been very happy with our membership in CASA. I think we've been able to work on a lot of the really big student issues that have been really important considering the economic downturn. The Canada Student Grant Program, as well as the \$2 billion of deferred maintenance that was in the federal budget [were programs] that CASA certainly had a hand in. They have provided lots of resources for us and haven't infringed on the capacity of our advocacy department, which was the key concern of mine going in. We have to make sure that we're getting enough for the money, at all levels, that we are spending on advocacy, but I think that every dollar that we spend on advocacy efforts comes back ten-fold.

Murphy: Last year when I was on Council I voted for CASA both on Council and on the external policy committee. Now, this isn't blind cheerleading of CASA. It's the fact that the Students' Union really needs to have a seat at the federal table and CASA

provides that seat. And we have, for \$50 000, a lot of resources available to us and are able to push our agenda really well at the federal level. About 20 per cent of university funding is from the federal level, we want to be able to have a say as to directing where it's going.

Seeing as it is a \$50 000-a-year commitment, we want to make sure we're getting our value out of that money and a return investment on that [...] And personally, I think it's a good organization, but with the financial climate we have it'd be irresponsible if we didn't constantly question it to ensure that it's serving our agenda and we're getting a good return on our investments.

VannPashak: Well, it might sound a little bit political, but I think it's too early to really say. I think that joining another lobby group after already being a member of CAUS may have been excessive. So I'm not completely in favour, but I know that we've only been a member for this year so far, so I'd like to use that resource to the best of my ability. So I'd be very cooperative but at the same time, if it came right down to it, I don't think I would've joined CASA had I been given the opportunity.

5 If you could choose any theme song to represent your campaign, what would it be and why?

Eastham: "Don't Stop Believing" [by Journey], because I think there's a lot of criticisms in the job and it's tough to hold on to the reasons why you initially started doing it, and that's to benefit the students.

Murphy: It'd probably be some Canadian Indie song, so probably "Shine a Light" by Wolf Parade.

VannPashak: "It's Business Time" by Flight of the Concorde.



THE GATEWAY

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Fentiman singled out for VPOF

The Vice President (Operations and Finance) is responsible for managing the SU's \$9.9 million budget, including student services and businesses on campus.

Compiled by Kyle Gibson

1 What do you believe are the greatest challenges you will face in office next year?

Right now, the SU is conducting a space audit to evaluate the current/future space needs of student services, student groups, and student relaxation/study space. Going into office I would be determining what the solutions would be—whether that is renovating, expanding, or collaborating on the Physical Activity Complex (PAC). The challenge will be to make sure that student needs, spaces, [and] services are represented.

2 How do you plan to work around a current economic

slowdown in terms of maintaining student services on campus?

We are looking at seeing an increased use of student services due to the economic downturn and we are also looking at the business suffering a little bit. We won't be seeing students patronizing the businesses as much due to the downturn. However, I feel that the student services that we have right now are looking for space and they need more space to operate. Right now, entering the downturn, they should be able to handle any increased demand to their services, but going into the future we're going to have to look at giving them more space; giving them more resources to operate.

3 The SU has signalled that it will re-evaluate the function of SUBspace next year. What would you like to see done with this?

SUBspace has been dragging on the bottom line this year. On paper it's a good idea, but in execution it just fell flat. There are other uses for that space.

It's a prime space on that level, [and] maybe approaching the University to see if they would like to put a ONEcard office in there, [and] make SUB more of that one-stop location for students on campus. SUBspace should be cut—it's draining on the budget. It really should be generating a profit; and those profits are, of course, what we use to fund student services.

4 How will you work to ensure that campus eateries remain viable SU services, especially now that Dewey's is facing threats to its space?

What has just been put in place is a secret shopper program and I would like to continue with that to ensure that the service levels are up to snuff. That is the main concern that has been brought up with me—RATT and Dewey's and mainly the full service location service levels aren't quite where they should be [...] We should have every student that walks through the door be able to leave some kind of comment.



PETE YEE

MILLION DOLLAR MAN Fentiman is running unopposed in his executive race.

The other thing too is that RATT is going to need to be renovated. What we have been doing with RATT is pulling money out but not putting any back in. Right now we are seeing some minor changes such as new plasma [televisions] being installed. Next year there are plans to recarpet, or do baseboarding, or renovate the bathrooms.

5 If you could choose any theme song to represent your campaign, what would it be and why?

Journey : "Any Way You Want It." This is going to sound really out there, but in Lister for Residence Assistants appreciation day, one of the posters they posted around was, "Anyway you want it—Zach's the way you need it."

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Italy row renews euthanasia debate

IT'S SO REFRESHING TO BROWSE THROUGH headlines these days and uncover coverage of an event completely removed from any mention of the recession. For instance, our neighbours across the ocean are currently taking part in a heated debate over the controversial issue of right-to-die legislation.

A little over a week ago, a woman in Italy, who was involved in a car accident which resulted in her 17-year-long vegetative state, was finally allowed to die. She passed away amidst a nation divided, but alongside a grateful father, after an emergency decree to prevent the death was allowed by Prime Minister Silvio Berlusconi, but failed to receive the stamp of approval from Italian President Giorgio Napolitano.

Eluana Englaro was in her early 20s when her life was essentially taken away from her. Obtaining nutrients through a feeding tube isn't living. The person she was then would bear no resemblance to the woman lying in that hospital bed. Very rarely do people pull out of states like Eluana's, and while it's fine if the family wishes to hold out hope, her father had fought for over ten years against Italian courts for permission to let her die.

The only factor that should matter in all of this is the wishes of the patient or the family members chosen to decide for them. If legislation would allow for people to make that decision and to have access to the proper assistance should they choose to end their suffering, there would be nothing to argue about. At its most basic form, it's a personal choice. With the right to life comes the choice to end that life.

The controversy ignited as a result of this recent Italian ruling might seem like a world away, but the issue isn't as detached from home as Canadians might think. In the recent US Election, the state of Washington voted in favour of the "Death with Dignity Act." And despite a stifling Conservative government with no inclination to institute any change or discussion on the issue, Canada isn't without its own supporters of changing the current laws for doctor assisted suicide.

The only problem is that with an issue like the right-to-die or doctor assisted suicide is that as with anything else, situations can get out of hand. It results in people like Germany's "Dr Death," who is only too capable of ruining what should be a perfectly acceptable option for people.

With his "suicide machine," Roger Kusch charges \$13 000 for any client wishing to end their life. It might come across as a pretty despicable way to earn a living—I'm sure he's probably taking advantage of some—but the fact that people are willing to foot the bill shows a demand for such assistance and illustrates that there's something very wrong with the current restrictions in place across a number of countries.

The right-to-die debate isn't going away. In the face of inflexible legislation, those who are determined enough will find other means of achieving their goal. Suicide is hardly celebrated in society, but it shouldn't be illegal either. A terminally ill person shouldn't be denied the right to assistance if they request to end their suffering, and an effectively dead patient's fate should be a decision made by their written testament or loved ones.

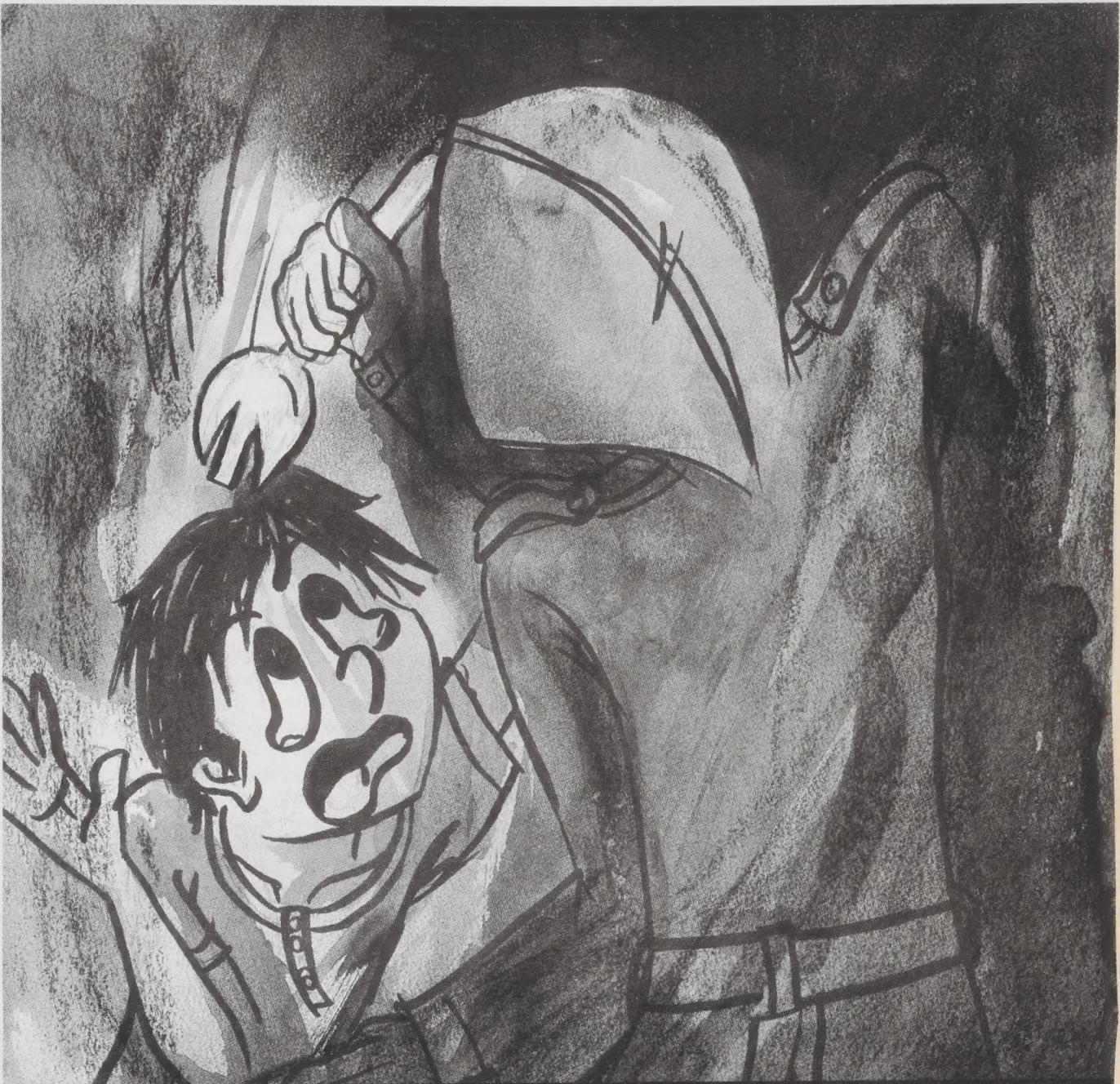
We can point and gasp in disgust at people like Kusch, but there's a reason he's even around to doll out death to people. Harsher legislation isn't going to eliminate the problem or stop people from doing it. But there is a way to prevent the sensationalist actions of characters like Dr Death, while providing citizens with the dignified medical assistance they're actively seeking out.

KIRSTEN GORUK
Deputy News Editor

The price is wrong

Mandel wants knives gone
Barker wants the elephant
Double overbid

NICK FROST
Sports Editor



**IF MANDEL'S KNIFE BAN GOES THROUGH,
KILLERS WILL HAVE TO IMPROVISE.**

KELSEY TANASIU

LETTERS FROM THE ARCHIVES

Rebel with quite the cause

I met a man named Edward Ndlove, member of the Zimbabwe Liberation Army for the liberation of Zimbabwe, formerly Southern Rhodesia. They want a society where white man is brother to black man, and black man brother to white man, and all are equal, as they are.

Edward Ndlovu was an impressive man, a determined man, a revolutionary man, a Christian man, a Marxist man, a symbiotic man, a man who is trying to live in harmony with his world. But he is being forced into violence, for the white colonialist settlers want his life in defence of their privileged class—their exploiting class. Edward Ndlovu and his brothers and sisters are lifting the foot of exploitation from the back of their neck. Zimbabwe will be liberated. Edward Ndlovu's sun will grow in liberty.

CONRAD MORROW
3 October, 1974

Multipurpose since 1910

Not only is the *Gateway* a good read, but it's useful: three of the four double

sheets can be laid down, overlapping, side-by-side and the fourth can be laid across and on top of them to provide a fine surface upon which to rest Zaphod's (my house mate's rabbit's) cage. Keep up the good work.

JOHN R MANUEL
6 February, 1986

But SU conferences are totally square, baby

There is much criticism about your paper being insipid, infantile, and so on, and some of this is probably not unjustified.

However, there is one point which I consider to be a great failing.

The Union is constantly sending delegates to various conferences, but we never hear anything about them. This is done on Union money which is, by extension, ours. And I think that for information alone, something should be reported about these conferences. I applied myself to go to the conference on world affairs in November at McGill. I was unfortunately not chosen as a delegate and would have appreciated something about the conference in your column.

I think that the *Gateway* could be more concerned about these things because the subjects dealt with at such conferences are of great importance, are subjects and

problems at the heart of what a university and its students should be concerned about.

More of this and less about mini-skirts and LSD would be refreshing.

MICHEL QUEYRANE
23 January, 1968

My manhood, my biz

What "vasectomy" really means is having to argue with a shithead moralist doctor for an hour before being refused the operation.

K ORCHARD
11 January, 1972

A better way to park

I have been informed that City Bylaw Enforcement Officers will be "cracking down" on vehicles illegally parked in the University area. This "crack down" is in response to hundreds of complaints by area residents concerned about the number of vehicles illegally infesting their streets and driveways.

Beginning 3 October, all vehicles parked in "No Parking Zones" or left in restricted parking areas longer than the designated time period will be ticketed and towed away.

The parking problem in the University area has been aggravated this year with the increase in

the student population. In addition, the amount of the parking stock available to students on campus has changed little in response to increased demands.

There are a number of alternatives to illegal parking: leave your car at home and take a bus. ETS is attempting to upgrade service to reflect student needs.

Knock on doors in the University area and convince residents to allow you a parking space in return for snow shovelling, a monthly rental charge, etc.

Car pools will reduce vehicular traffic problems in the area.

If you have any comments, concerns, or suggestions about parking on campus or bus service to and from campus, please don't hesitate to contact me in room 274 of the Students' Union Building.

PAUL ALPERN
27 September, 1983

Letters from the Archives is a semi-regular feature where the *Gateway* runs historical letters that we feel are of particular importance—or are just really hilarious.

Now you can check out all the old-timey fun for yourself! Just go to thegatewayonline.ca and follow the links to the *Gateway's* digital archives.

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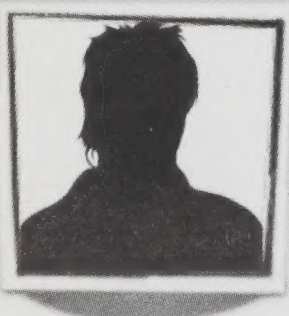
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Smash the dark chains of bricism

Adults with dental enhancements still subjected to bullying and assumptions



SARAH
STEAD

wayward teeth.

Despite the anticipated mild pestering from my family and close friends, I was surprised at the extent to which people I didn't even know made assumptions about me. Clerks at liquor stores and bouncers at bars have regularly asked me if my ID was fake (I don't have braces in my driver's license photo).

Gwen Stefani famously sported them during her early days with No Doubt. Celebrities Tom Cruise, Whoopi Goldberg, and Cher all wore braces as adults. I've even had professors with braces.

Back in the summer, while I was getting a haircut from a new stylist, she asked me what grade I was in. I flatly told her that I was really looking forward to starting my third year of university in the fall.

Though I appreciate that it's difficult to guess someone's age just by looking at them, I've consistently noticed that people assume that I'm much younger than I am just because I waited a little while to have braces. I've often been told that I look 14, 15, and, on a good day, 17. Yet I'm almost 21.

Sure, more people bite the bullet

and get them when they're in junior high or high school, but it's really not uncommon anymore for people in their 20s, 30s, 40s, or even older to elect to get their teeth corrected. Gwen Stefani famously sported them during her early days with No Doubt. Celebrities Tom Cruise, Whoopi Goldberg, and Cher all wore braces as adults. I've even had professors with braces.

In fact, when one considers the exorbitant cost of tweaking your pearly-whites to get that perfect smile, it should be no surprise that people are waiting longer. Braces should really be considered a status symbol—a type of middle-class grill, if you will.

Rappers and hip-hop artists show their affluence and street cred by adorning their teeth with thousands of dollars in gold, platinum, and jewels. While my mouth may only be filled with stainless steel and coloured rubber bands, it still cost a lot of money. So haters, don't take your insecurities about your crooked canines and irregular incisors out on me.

To my silver-smiled brothers and sisters, I implore you: next time some snaggle-toothed punk razzes you about your orthodontic awesomeness, stand up. Fight back. Reclaim the hurtful terms that have been used to make us feel inferior.

And to the bracists: next time you want to tease someone about their teeth, walk a mile in their train tracks.

Whacked-out baby monikers the last socially acceptable child abuse method



MIKE
DADURAL

When I attempt to recreate the thought process of someone coming up with one of these wonky names, I'm simply astonished. It's quite clear that they didn't give such an important decision a second thought. Like "Whiteangel-Victoria?" C'mon people, that's something that you would use for a MySpace handle. It's lucky for her that her parents didn't add a series of random numbers to the end, just in case someone has already had the misfortune of bearing that title.

Names like "Gonzo," "Tree," "Whiteangel-Victoria," and—I kid you not—"Anarchy" are just a taste of the titles that certain Albertan couples out there have given their kids.

Do such parents even consider the consequences to giving a kid a name like Gonzo? Just imagine what life would be like for little Gonzo. He would be subjected to endless torment from his peers and maybe even teachers at school. People would forever find it hard to take him seriously, and companies would turn him down if he were to ever apply for a job.

Life would be really rough for the guy until he could legally rectify his parent's unfortunate error. Various

provincial laws states that you must be 18 or 19 years old if you want to legally change your name. So if you happen to be stuck with a "unique" name that you're less than happy with, you can only try asking your parents for a name change. But if that fails, which it will, that means you have to wait for another thing to really look forward to when you turn 18.

There should be a law that would ban all obscure and twisted names from our society. This wouldn't include traditional cultural names, because that would be racist, but would include designations along the lines of the aforementioned names. And, even though it's pretty normal, add "Ethan" to that list, because there are already enough of those to cause some serious confusion down the road.

Think about it: any parents giving their child an unsuitable title would be fined a hefty sum and the child would be granted an immediate name change without any parental consent. This would allow for more thought to be put in giving that kid a proper name.

Perhaps some of these name-abusing parents were subjected to the same treatment during their childhood and thought it would be fitting to put their own kids through such an ordeal. I wouldn't know—I'm not a psychologist. It's either that or minor brain damage. But whatever the case may be, it's just unacceptable to give your kid a name along the lines of Gonzo. Sure, it sounds really goofy and cute, but you didn't give birth to a muppet.

It's imperative that people who are planning on raising a child must understand the many responsibilities involved. One facet of parenthood that absolutely demands maturity is giving that little bundle of joy a name.

Deciding what to call their spawn is a very big deal to a lot of people. The name that you give your child could be a family name that has been passed on from generation to generation, or one that pays tribute to another family member that has passed away. Sometimes it may have a significant meaning in another language. But whatever the case may be, people have to realize that whatever name they choose, that kid will have to live with said name for as long as they live.

Which brings me to the main issue: parents who bestow their kids with ridiculous names. I'm not talking about names like "Archibald" or "Percival"—those names have class. I'm talking about the kind of truly outlandish names that could potentially scar a child forever. Names like "Gonzo," "Tree," "Whiteangel-Victoria," and—I kid you not—"Anarchy" are just a taste of the titles that certain Albertan couples given their kids, according to recently published statistics.

Ignorance a blow to African mojo

CONAL
PIERSE

Just over a month ago, Nigerian police took a male into custody over an attempted car robbery. He was dragged in by a group of local vigilantes who spotted him in the midst of his crime, chased him down, and brought him, bleating for mercy, to the local police department. While this in and of itself isn't unusual, the fact that the alleged robber was a goat is.

Yes, according to his captors, the man transformed himself into a goat using dark magic in order to escape arrest. Of course, they were too smart for such wily tricks, and have since brought the hoofed hooligan to justice, never once questioning why a man with such powers wouldn't transform himself into something useful like a bird or cheetah—after all, a goat is essentially the unicycle of escape vehicles. And now, a goat guiltily sits in a cell within a Nigerian police station, waiting to be either sentenced or claimed by its owner.

In a similar vein, this past September, a goalkeeper who used witchcraft to turn the tide of a soccer game—not unlike praying for victory as is common elsewhere—incited a riot that killed eleven people. Mozambique is also facing problems in regards to vigilante mobs who are hunting down witches—the criteria for which is having a stronger harvest than your neighbour on account of your hard work, diligence, and

your obvious dark pact with unholy forces.

But while we may laugh at these stories, they aren't isolated tales of a few misguided country bumpkins in who-knows-where Africa. Ignorance such as this is rampant across the continent and is found even amongst government leaders.

In 2006, the Zimbabwean

A nation shouldn't encourage its people to accept lunacy over logic, regardless of cultural heritage. Witchcraft is a remnant of a time when magic was the only readily available explanation.

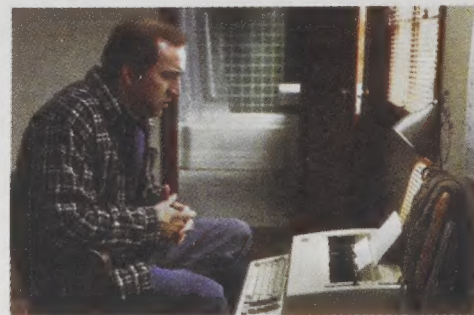
government repealed a ban on practicing witchcraft, acknowledging the existence of supernatural powers but forbidding their being used for harm. Now, individuals can face up to five years in jail if found guilty of witchcraft—which amounts to an equivalent life sentence for magic goats. Of course, Mugabe is, admittedly, fucking insane, but he's not alone.

AIDS denialists are still rampant, with former President of South Africa—the country with the highest rate of infection—Thabo Mbeki being amongst them. Despite considerable evidence to the contrary, Mbeki still denies the link between HIV and AIDS, and members of his government are likewise ill-informed.

Former health minister Manto Tshabalala-Msimang boldly recommended a healthy diet of garlic, olive oil, and lemons to treat the disease in favour of anti-retroviral medications. And while such a mixture certainly has a zesty kick, its practical ability to prevent or slow the advancement of an AIDS infection is about as effective as furiously scrubbing your dick under running water after knowingly having sex with an infected individual—something that ex-Deputy President Jacob Zuma actually thought would reduce his risk of contracting the disease.

Such beliefs in regards to AIDS are shameful, but condoning practices such as witchcraft are no better. It may seem like harmless tradition, but openly acknowledging such ignorance can only do harm. A nation shouldn't encourage its people to accept lunacy over logic, regardless of cultural heritage. Witchcraft is a remnant of a time when magic was the only readily available explanation. But just as a child learns that a light switch isn't a manifestation of supernatural forces, governments like Zimbabwe's need to accept reason over mysticism.

Giving a supportive nod to magic only allows charlatans to take advantage of a culturally bred naivety, convincing the poor and uneducated to turn to poultices and straw figures for healing over the medication that can actually help them. There's no denying the strong placebo effect that the activities of such "witch doctors" can have, for good or ill, but when governments endorse a mass hysteria, they aren't preserving tradition—they're standing in the way of the progress that their people so desperately need.



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— George Orwell

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Sentencing circles are a limp sanction

ROBERT
FRIGON

"In this case, an Aboriginal man went far outside of his cultural activities and used alcohol to hurt his two young children. He no longer lives a traditional Aboriginal lifestyle in any sense and, as such, shouldn't be afforded the liberty of a punishment intended to preserve those customs."

While drunk on his reserve home, Christopher Pauchay took his two young daughters out into the freezing cold, scantily clad in diapers and T-shirts. After becoming disoriented in his drunken haze, he lost both children. The girls died and were later found in snow drifts. He has since been granted a sentencing circle after trial.

Sentencing circles were originally created for the Aboriginal population to feel more connected to a judicial system grounded in European practices. But in this case, an Aboriginal man went far outside of his cultural activities and used alcohol to hurt his two young children. He no longer lives a traditional Aboriginal lifestyle in any sense and, as such, shouldn't be afforded the liberty of a punishment intended to preserve those customs.

Sentencing circles are intended for crimes which Aboriginals can't relate to, as they are strongly based in European traditions and interaction. But crimes that take two innocent lives are not a misunderstanding of social standards—they are unacceptable across cultures worldwide. It's a farce that our judicial system, which is supposed to be a tool in the uni-

fication of our laws with all people, is misused in this way. This implementation forces apart our nation and hinders any attempts to unify our singular law.

There's much blame to be issued in this case, firstly to the judge who allowed this request by the defence to be allowed. It's understandable that the defence would try to obtain the best possible result for their client, but for this judge to even consider this request in a criminal action so heinous is baffling and an appalling lack of insight into our justice system.

More admonition is due to the members of the sentencing circle. This group of close to 25 community elders and family members each stated how this crime has affected both themselves and the wider community. After all of these statements had been read, they came to a conclusion that proper punishment for Christopher was a life in the service of the spirit.

This doesn't come with any examples of what that life would entail, or any ideas of how this will teach him of his wrongs. For that matter, it doesn't force him to honour and remember his children. This is a

weak sentence imposed by a two-bit jury who are only looking out for their own image, and not for the sake of those that were hurt. When this circle only looked out for themselves, they hurt the nation by clearly showing that the law isn't equal for one and all.

Allowing our judicial system to be compromised in this way creates a problematic two-tier punishment approach. Every citizen should be subject to the same laws as his or her fellow citizen and their punishment should be equal. When we allow the colour of a citizen's skin to determine what their punishment should be, we regress to a time when race determined our merit.

No one has stood up for our society, our laws, our general belief of right and wrong, and the equality of all men. It's a gloomy day to see a man's peers and government allow him to act like a spoiled child and go unpunished.

Our last hope for justice for these two innocent girls is that the judge will come to his senses and not accept the sentencing circle's punishment, instead opting for the Crown's punishment of two and a half to five years in prison.

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Turtles too slow for marathon dance-offs



DAVID
JOHNSTON

So, there are turtles in the quad. Not real turtles. I don't know how any creatures could survive for long in that barren wasteland of drunken frat frisbee games, living off of discarded remnants of CASA barbecues. The turtles in question are the size of Volkswagen Beetles and wrestling in some kind of obscure Kama Sutra position. They're also made of snow, at least on the outside. I suppose that on the inside they could be made of rock, toffee, or small Cuban children or whatever. But this is getting off-topic.

The question many of you should be asking yourselves by this point is *why* someone felt the need to build enormous snow sculptures of turtles. No, scratch that—since they were apparently designed by someone who has never taken a zoology class, the question is *why* someone felt the need to build enormous snow sculptures of hedgehogs. Or maybe they're pinecones. Wait, from this angle, they look like topographic models of Europe.

Thankfully, a helpful placard near the base identifies the behemoths as being, in fact, turtles. I do think that's the sign of a good sculpture: you need an outside label to explain to you what it's supposed to be. It also advises people to check out the

website that the turtles are standing in for. Which turns out to be, obviously, the upcoming Dance Marathon For Human Rights held by the Student Umbrella for Social Justice. I mean, when I see copulating beshelled snow sculptures, the very first thing I think of is social justice.

Let me state forthright that I am in no means opposed to the concept of a dance marathon. I believe that dancing, like alcohol and excellent British accents, can solve any problem as long as it's applied in the proper quantities. Furthermore, the concept of dancing as a form of fundraising is exciting on many levels, most notably with the thought that it might spread. This might actually make PBS telethons watchable.

Thankfully, a helpful placard near the base identifies the behemoths as being, in fact, turtles. I do think that's the sign of a good sculpture: you need an outside label to explain to you what it's supposed to be.

But turtles? Really? The slowest, most lethargic animals known to man? Except for sloths, I suppose, but there's a distinct possibility that the animal-shunning designer thought that this was what a sloth looked like. Anyways, it's not that I'm against turtles *per se*.

I think that they're fine, lovable, and above all, delicious creatures, especially when brewed in a garlic and basil reduction like my mother used to make. My point is, turtles can't dance. And they certainly can't dance for 30 hours, which is how long the SUSJ's marathon is running for. And this mixture of message and method confuses and scares me.

The proffered website gives no help either. Anyone thinking that this might be a sculpture of the SUSJ's overly cutesy mascots, Timmy and Tina the Toe-Tapping Tortoises, is out of luck—the site is instead full of helpful information and details about the dance marathon itself, but contains no help and advice for anyone wondering why the ectotherms are trapped in a frozen embrace, muttering that they wish they knew how to quit each other, but they unfortunately have no arms.

So this is unfortunately a blatant case of faulty advertising which, if I know my theology, is one of the seven deadly sins and breaks at least three of the Ten Commandments. Therefore, I'm calling for the SUSJ to immediately build another sculpture that more accurately represents what we, as students, think of when we think of dancing. Possible subjects include canoodling foxes, Tom Bergeron's face, or an enormous pair of ballet slippers, stuffed with actual dancers' broken ankles. If this sounds like too much work, then the alternative is to alter the event to suit the advertising of conjoined reptiles. Perhaps there could be a 30-hour Wrestleathon, or a 30-hour Slowly Chewing Green Vegetables Marathon, or, my personal favourite, a good-old-fashioned Turtle Hunt for Social Justice. I'll bring the garlic and basil.

THE BURLAP SACK

If you've been at the University of Alberta for a while, perhaps you've noticed that there's been a massive proliferation of recycling sacks for everything from this copy of the Gateway to that juice box you savoured during lunch. But despite the fact that it's easier than ever to find recycling receptacles on almost every single floor of every single building on campus, many people are still indifferently throwing everything into the garbage.

Seriously, most of the garbage cans in SUB or HUB are feet away from a bin where your bottle can avoid an eternity of rotting slowly in a landfill. The bins are also clearly labelled and colour-coded for each different kind of recyclable. If you've made it to university, you can obviously read, so stop being so goddamned lazy and just throw your bottle in the proper bin. You can't use the excuse that you can't find a place to recycle any longer.

Has all of the media attention on environmental destruction made us too apathetic to try salvaging anything? Has "going green" simply become a useless buzzword? It shouldn't. Recycling is the easiest and way to reduce the amount of waste you produce. So, for those too lazy or careless to recycle, into the sack you go for a swift beating followed by a thousand year detention in the landfill.

SARAH STEAD

The Burlap Sack is a semi-regular feature where a person or group who needs to be put in a sack and beaten is ridiculed in print.

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WHEN YOU CAN'T FOLLOW THE FOOD GUIDE

While shopping around campus for lunch, few stop to consider whether or not our various food courts cater to certain dietary restrictions. After all, for the majority of us, we only need to think about whether we're in the mood for a delicious donair or a tasty taco, not what ingredients they

contain or where they came from. In order to discover what it's like to live on a specialty diet as a student, six Gateway staff members offered to be our gastronomical guinea pigs, and wrote about what happened when you're forced to make adjustments to your diet.

Duncan Robinson: CARNIVORE

The happiest moment of my university career came in my first year. I awoke to find my kitchen devoid of any typical morning sustenance. There was no cereal, no bread, no fruit—nothing. The only thing that I could possibly eat was a 12 oz steak. Start the day with steak? Dare I live every man's dream? It felt wrong, but it tasted delicious.

With this happy memory in mind, I leapt at the chance when the Gateway asked for a volunteer to go on a meat diet. Every day could be steak day! The carnivore diet is a simple one: every meal—breakfast, lunch, and dinner—has to have meat as a significant component. I blindly accepted the challenge, thinking that it would be the merest of doddles.

I was wrong.

The first few days started well. I had spaghetti bolognese for breakfast one day and a bacon sandwich the next. Dinner the first night was a steak (of course) and pork chops were had on the day after. Lunches were provided by the meatier options of the Subway menu.

The carnivore is well catered to on campus. There's always a meat-based option—from a meaty sandwich to a good-old healthy burger or burrito from one of the fast food joints in HUB and SUB.

But while availability wasn't a problem, the price was. My food expenditures doubled. I winced as the cashier tolled up a bill of over three figures for my weekly shop. The mound of meat on the conveyor belt wasn't just a

nutritional hindrance—it was a financial one too. Meat isn't cheap, and if you're living off it for two weeks, your wallet takes a beating.

By the middle of the first week, the novelty began to wear off. At breakfast, my body was screaming for food that would get energy into it quickly. It wanted fruit or cereal; instead it got more chicken. I wanted to recreate the steak for breakfast experience, but my body wouldn't let me. Reliving it would have just polluted my happy memories.

Seven days in, I compromised and switched to two meals a day: brunch and afternoon tea. I hoped that this way, my body wouldn't be so overloaded with protein and thus I would be able to take a crap without

20 minutes of vein-bursting effort. It worked—almost. I didn't feel so wretched and sluggish, but I still desperately wanted something light and energy filled in the morning.

Starting the day with meat (every single morning) is like trying to set off on a bike in its highest gear. By the afternoon, your body is flying along quite nicely, but it's very hard to get going.

Since finishing the diet I have (unsurprisingly) started eating a lot less meat. I can barely look at a steak—once the bringer of so much joy in my life—without being reminded of the leaden feeling a meat diet constantly entails. My meat mojo is gone. It seems that you really can have too much of a good thing.

Emily Mattingsley: VEGETARIAN

My stomach grumbles at the smell of my roommate's honey garlic chicken wings in the early hour of 1am. In the name of honest journalism, I resist temptation. In the name of a well-balanced diet (or some would say my gluttony), I give in at 2am on my 14th and final day as a vegetarian. As sad as it may seem that I didn't reach my goal of a meat-free diet for 14 days, if you had smelled those wings, you would have given in too.

It's not that being a vegetarian is hard by any means; it's just hard to dedicate yourself to a specific diet if you don't support the ideas behind it—I don't care if those tasty wings were once a yellow chick named Fluffy. Fluffy was already killed, marinated, and cooked, and was now sitting on my counter. We wouldn't want Fluffy's death to be for nothing now would we?

But aside from my slip-up on the last day, I found it easy to give up meat and enjoyed how vegetarianism

encouraged me to be a more creative with food. It took some adjusting at first, since I found myself eating pasta twice a day. But since the point of vegetarianism is to eat more vegetables and not to load up on carbs, I started to pay attention to everything I ate—a habit I previously bypassed in my meat-eating days. Whether I was making myself a dish at home or ordering at a restaurant, I never had a problem finding something to eat and tried lots of new things in the process.

I perfected my quinoa salad, learned to cook with tofu, and eventually realized that meat alternatives are easy on the wallet and a pleasant change to the taste buds. As well, the convenience of a healthy handful of cashews while running for my morning bus outweighs that of a chicken breast.

So even though being a vegetarian didn't feel like a major change, and even though most Canadians grossly

over eat their two to three daily servings of meat and alternatives, I wouldn't recommend vegetarianism because I don't believe that you should ever completely eliminate a certain food from your diet. After all, all foods are good in moderation. These days I eat meat again, but I make sure of three things: I eat it less often, in smaller amounts, and vary the type.

Extreme restrictions on your diet might cause obsessive cravings, but reasonable changes challenge you to eat healthier. No one can say if a vegetarian is healthier than a meat-eater, because it depends on overall diet. It comes down to the fact that a healthy diet should incorporate many different food sources and be balanced in each food group, and my short experience as a vegetarian got me to develop eating habits that improved my diet, but I could never permanently adopt. Animals like Fluffy just taste too good.

Arah Slack: VEGAN

Oh, those ubiquitous bovine. Two weeks on a vegan diet—eating without animal products like milk, cheese, eggs, or meat—was a crash course away from western food patterns and an insight into how much we use animals for our food.

While I was prepared to dodge a run of meaty meals and those who serve them here in cattle country, what surprised me is how many “milk ingredients” find their way into our food. Although meat was indeed a common factor, the real challenge was to “steer clear” of eggs and dairy.

It's the little things that catch you: coffee? No cream this time. Toasted bagel? Slim chance of getting margarine. Cinnamon bun? It was made with eggs. And every single soup I found was made with milk

ingredients.

It's a tough world for a vegan, at least for one trying to survive on campus. When I didn't bring a lunch and snacks, I went without eating for over twelve hours one day, simply because I couldn't find anything without an animal product in it; universities are stereotypically havens for counter-culture, but evidently, the demand in Alberta is for standard fare.

All this incites a vegan to cook at home. Most of my meals were easier to make from scratch and all of the label-perusing showed me how many needless fats and thus preservatives are added to our food.

Pasta sauce, falafels, and apple crumble all require only a handful of ingredients, and were surpassingly satisfying when they came from my own efforts.

The peanut butter cookies, however, were a bust. The Internet can endlessly supply vegan recipes; yet some recipes are too enthused about low sugar and low fat at the cost of a yummy cookie, losing sight of the purpose of such treats.

The limitations of my diet pushed me to more creativity in the kitchen; more attention must be given to maintain a balance in food groups and thus my food regime branched out in a quest for new sources of protein.

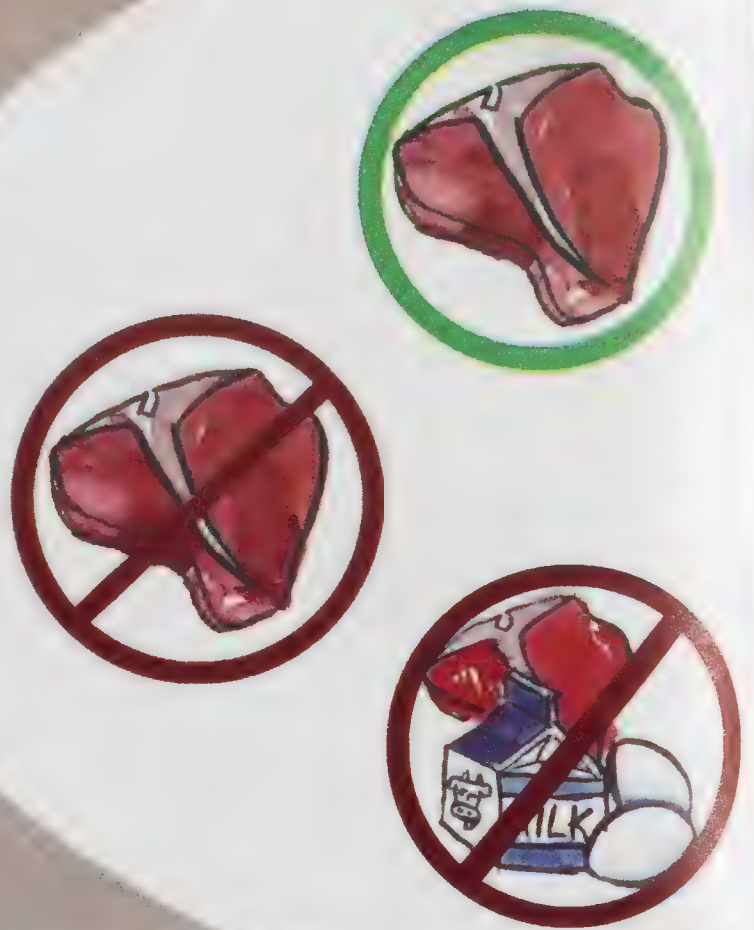
Vitamin B12, I discovered, is necessary to maintain the body's energy levels, and is only found accessibly in animal products. Very possibly due to its lack, I was becoming generally fatigued, until I found that soy milk is fortified with B12: two cups provides a standard daily amount, the same as

in milk. Once I started drinking soy, my energy returned.

The responses people gave to the vegan diet ranged from admiration, to ridicule, to concern. Most had little idea what it entailed and how it differed from a vegetarian diet. Many were surprised that basics like bread and pasta are in fact vegan-friendly.

Dining in Edmonton as a vegan usually limits you to one or two choices from a menu; yet serving staff I met were unilaterally supportive, happy to answer investigations into their menu and to search for alternatives.

Towards the end of the experiment, I was not craving cheese or an egg scramble, but I was weary of scrounging on campus. It seems that packing your own rations are a must as a vegan.



Written by Selena Phillips-Boyle, Mike Kendrick,
Emily Mattingley, Duncan Robinson,
Arah Slack, and Sarah Stead
Illustrations by Kelsey Tanasjuk

Selena Phillips-Boyle: THE 100-MILE DIET

I have a confession to make: I'm having a love affair with pepper. And I can tell you, pepper, a member of the Piperaceae family, is not found to grow from within 100 miles of Edmonton.

The objective of my special diet is that the ingredients of all food consumed must come from within 100 miles of one's place of origin. It allows for a "social life amendment": food that originates outside of the 100-mile radius can be eaten at the houses of friends, on business meetings, and while travelling.

Rather than restricting myself solely to ingredients found within 100 miles, for the purposes of my two week-diet (and the reality of an Edmonton February), I allowed myself to eat any product produced within 100 miles. Outside of the standard

vegetables found at the farmer's market year-round—which include potatoes, cucumbers, tomatoes, carrots, cabbage, onions, and garlic—I was also easily able to find yogourt, spices, teas, honey, jams, oats, salt, blueberries, strawberries, raspberries, apples, beef products, and chicken. As can be easily noted, the 100-mile diet is very healthy with few processed and packaged foods.

While making food and snacks at home, I found this diet to be quite feasible. I had a selection wide enough to meet my needs for all three meals, as well as plenty of snacks available during periods of long studying. The most difficult part of the diet was when I wasn't at home. After one particularly long day at school, I caved and bought food at a restaurant as I was unable to get home to satisfy my

hunger. Though many dishes contained locally grown foodstuffs, many other ingredients, such as spices, came from far outside my diet's allowed range. This constraint also impacted my social life, as I was no longer able to go out to eat or drink with friends.

When I told people about my new diet, they expressed shock at how I was limiting myself to such a small range of foods. I was often asked "is such a diet even possible in a place like Edmonton in the winter?" But while the food available was limited in scope, it was significantly more delicious than what I typically eat. And while it's difficult in the dead of winter, I strongly believe that with a little foresight and planning during the summer months, this diet would be completely feasible. As a bonus, activities such as fishing, gardening,

and canning fruits can be a fun and rewarding way to spend time with family and friends. Costs of local foods can also be prohibitive, but I truly believe that our current mainstream food system greatly exploits the rest of the world and isn't an accurate reflection of the actual cost of the food which we consume.

Over the course of this diet, I became much more aware of the food I eat: where it comes from, what's available in my local area, the people involved in its production, and the seasons which have the possibility to bring forth various bounty. Although I won't continue to adhere to a strict 100-mile diet, I will remain aware of the distance travelled by the food I eat and what I can do to reduce my carbon imprint and support my local economy.

Sarah Stead: Dairy Free

I don't think I had any idea how much of a "dairy queen" I was before I had to cut out that part of the food pyramid. Wanting to approach the dietary shift in a healthy way, I did a little bit of research online about finding milk alternatives. As it turns out, a lot more foods have trace amounts of milk products in them than I was aware of. Moreover, a lot of milk products have names that disguise their relation to dairy: casein, sodium caseinate, sodium lactate, galactose, and whey, to name a few.

Though it's easy enough to have soy milk or soy cheese instead of cow's milk and cheese, I found it nearly impossible to cut out all of the trace amounts of dairy that are ingredients in a surprising number of foods. Because it was just not financially viable for me to do the specialty shopping required to avoid all milk products and replace more than half of my groceries, I just did my best to

stay away from the obvious offenders (milk, cheese, yogourt, ice cream, chocolate).

Soy is by far the most common substitute for dairy products, but as I found out, it's also an acquired taste—one I don't have. Firstly, it doesn't taste anything like cow's milk. Secondly, the texture is nothing like cow's milk. After trying two different brands (Silk and So Good), I realized that I just couldn't get past the taste, so I stopped drinking it. Similarly, soy cheese's taste and texture were disappointing. A friend recommended almond milk, but I found it difficult to find in regular grocery stores. Going dairy-free isn't just a diet; it's a significant lifestyle change that you just can't fully become accustomed to in two short weeks.

However, even in the short amount of time I was abstaining from dairy, I did notice some positive changes. Now that one food group was off-limits, I started eating more fruits, vegetables,

and grains and within the first week I noticed that my sinuses were getting clearer. I definitely can't deny that my body felt better (I was so regular you could set your watch to my bathroom trips), but even in light of those positive changes, when my two week diet was over, I immediately started drinking milk and eating cheese again.

When I was in high school, I had a friend who went vegan. When I asked her if she would miss milk she scoffed and spouted off disgusting facts about hormones and chemicals in cow's milk that would make most people really reconsider that thick white liquid that they pour on their Wheaties. Even then, I didn't stop drinking milk. Despite feeling a little better being milk-free, my frustration with finding milk alternatives that were affordable, accessible, and tasty were too much for me to consider permanently axing dairy from my diet.



Mike Kendrick: GLUTEN FREE

Whoever said that celiacs have it easy should be punched in the small intestine. I don't know if anyone has ever said that.

For two weeks, in the name of science, I swore off all gluten: no wheat, no rye, no barley, and no fun. Luckily for me, my girlfriend has been a real-life celiac sufferer for over a year, so I had an excellent coach. Unluckily for her, I soon discovered what a bitch the celiac diet can be.

"No wheat?" you ask. "That sounds simple—I'll just eat lots of rice and drink lots of sugary beverages." While it sounds like a fairly small part of a diet, much like nuts and dairy, gluten is found in many more food products than you'd expect. Wheat, barley, and rye are used to create various forms of malt, which turns up in a surprising number of edibles.

The obvious one is beer—without the tasty nectar of the gods, my drinking habits were severely stunted, especially when considering that my preferred hard liquor is rye whisky. Over the course of a fortnight, I rediscovered an appreciation for wine, which in turn created some new problems; I just can't enjoy a good wine in a meal without some kind of pasta, after all.

Gluten also shows up in a variety of sauces and dressings. Most soy and teriyaki sauces use malt derived from wheat, so a lot of Asian cuisine was off the menu. Unless you're prepared to carry around your own bottle of soy sauce that you know is safe, any trip to Edo will net you little more than some plain rice and steamed veggies.

The most difficult part of the celiac diet, however, manifested itself when

eating out. Many restaurants are prepared to handle more common allergies like nuts or dairy, but although celiac awareness is becoming more common, there are still many in the food industry who've never even heard of it. Some restaurants will offer an itemized allergy menu—I found that non-franchise spots like the High Level Diner and Chianti were great for this. At a chain restaurants like Red Lobster, though, you're pretty much out of luck. In the name of store-to-store consistency, many of their ingredients come right out of a can, and there's very little that can be prepared without gluten making its way into your meal in one form or another.

I'll confess that I even slipped up early in the diet, learning a valuable lesson in the process. I have

no idea what's in donair meat, but I thought that if I were to get it in Marco's donair salad form with no sauce, I'd be in the clear; a Google search after the fact told me that breadcrumbs or flour are one of the primary ingredients in almost all donair meat, despite the server being "fairly sure" that it was celiac-friendly.

Perhaps the largest benefit of the celiac diet is the attention it forces you to give towards what you're putting into your body. Although there were some days where I just didn't feel like cooking and would normally go grab a cheeseburger, being unable to do so turned out for the better, and left me feeling happier about my eating habits, albeit a bit poorer—most gluten-free food is, after all, "specialty organic."



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DAVID JOHNSTON
Arts & Entertainment Staff

There's always a plan in heist movies. There's always a sequence involving laid-out blueprints of the target and a discussion of the various traps and security measures in the way. There's always a montage of fancy equipment. There's always the introduction of each member and their special talent which will be ideally suited to one particular task. These are the well-worn stereotypes of the genre.

What makes *Stone of Destiny* so fascinating is the way it seems to have been written by someone only barely familiar with these conventions. And that's not necessarily a bad thing. Because when Ian Hamilton (Charlie Cox) introduces his plan to steal the titular Stone of Destiny from Westminster Abbey, it's apparent very quickly that, despite all the memorization and tools, there is no plan. At least, not one much more complicated than "pick up stone; run very far away." That part is always pretty clear.

Ian is a university lad in 1950s Scotland who resents the lack of pride his fellow people have in their country and decides that the best way to instigate national fervour is to steal a big symbolic Scottish rock back from those lousy Brits. This may seem like a half-baked scheme, mostly because Ian is a bit of a bumbler, waffling between courses, wrapped up in daddy issues, and desperately hoping to make something of himself. To its credit, the film doesn't openly state this too much, but it's still pretty obvious that his motivations aren't completely selfless.

So, bumbling Ian recruits his bumbling friends; strongman Gavin (Stephen McCole), shy Alan (Ciaron Kelly), and token girl Kay (Kate Mara). They all have pluck, charm, and very little in the way of actual skills you'd ever use to steal a 300lb slab of granite from a British church. None of these people are particularly skilled locksmiths, liars, planners, or gadgeteers. They argue and drink a lot and act on impulses and whims. None of them would last five

minutes in any other heist flick.

But they do great in this one. Ian has an infectious charisma that spreads through the cast, bringing the audience in on the scheme from the start. It also helps that all four actors work very hard with Charles Martin Smith's potentially-one-note script to create surprisingly likable and authentic characters that maybe aren't completely three-dimensional, but fill in at least two, maybe two and a half dimensions. It's a welcome change to watch real people pull off a caper as opposed to the matchstick men of *Ocean's Fifteen* or whatever that series is up to now.

Stone of Destiny doesn't hate other heist movies, but it's not here to pay homage to them either. It's included in the category purely for technical reasons; yes, there's a heist and yes, it's premeditated, but that's about it.

The film is really a love letter to Scotland. With gorgeous cinematography, blatant but attractive architectural porn, and portrayals of Scots as big-hearted, occasionally naive, and charming people, the film is almost incidental—a bonus feature the hat and haggis on.

The film suffers from a few stereotypical missteps in the opening scenes, but at just over 90 minutes the film gets in and makes its point before the concept grows stale. *Stone of Destiny* is an enjoyable example of what happens when filmmakers recast rebel against stereotypes and conventions, taking the story in the direction it needs to go, no matter how bloody heavy and awkward it is, trying the damn thing might be

Hear *The Last Train to Nibroc* a-comin', bringing relationship woes

theatrepreview

The Last Train To Nibroc

Directed by John Sproule
Written by Arlene Hutton
Starring Kendra Connor and Adam Burgess
24 February-8 March, Tuesday-Saturday
7:30pm, Saturday/Sunday matinees at 2pm
Varscona Theatre (10329-83rd Ave)
\$15 for students at Tix-on-the-Square
(tixonthesquare.com)

BEN DEXTRAZE
Arts & Entertainment Staff

Set amidst the heated societal climate of post-depression/pre-World War II United States, *The Last Train to Nibroc* centres on the fiery romance of a young Kentucky couple and their continually derailed train wreck of a relationship.

"It's really about two young people trying to get what they want out of life," actor Adam Burgess says of the play. "May and Raleigh want each other, but they're locked in their own mindsets. I want to be a writer, and I have a lot of ideas about that, and she wants to be a missionary. So, the fact that we want each other is derailed by all the stuff that we think we want out of life."

The two star-cross'd lovers meet in the first scene of the play, but once they get their relationship rolling they can't seem to reach a destination because of their contrary goals in life. Raleigh (Adam Burgess) is mysteriously discharged from the Air Force because of medical

conditions, but still wants to travel the world he read in his books. On the other hand, May (Kendra Connor) wants to follow her love of Christ and become a missionary. Since they won't admit their love each other, they subsequently stall their fiery relationship in the process.

"With only two actors on stage in the play, it really sucks you into the dialogue," Connor explains. From an acting perspective, it's like being under the microscope because there is really no one else to focus on. The play, in a way, is like a train that we get on and kind of roll with as it takes us places; there's a real journey in this show, even though it takes place in three separate scenes."

The name of the show is based on a backwards festival held in Corbin, Kentucky, called Nibroc; and though this doesn't factor directly into the play, it's worked in subtly throughout the script. The two characters in the romance factor into this backwardness, as their relationship is contrary to the clichéd, passion-filled, love at first sight type of courtship.

The boy-meets-girl relationship is stalled because of the distances placed between the couple, both mentally and physically. It's Burgess' character who antagonizes his counterpart into their country affair through his sly nature and want of worldliness, but his actions get him a bit more than the beauty he bargains for.

"It's not that I'm against May's opinions of the world—it's just that I'm hungrier for experience," Burgess jests. "I'm more open to her and I can see that she's a bit touchy, religious, and that she's a bit of a school teacher, but I'll still try to make her laugh."

Connor, on the other hand, tries to



maintain her grassroots Kentucky morals against the sudden advancement of her suitor, causing the romance to rage with a passion indicative of the pre-war era.

"May makes a judgment of what the Nibroc festival is, and this comments about how some of her opinions are backwards in the play," the actress says. "She wants to be a missionary and she's very proper. She's not aggressive, but she's impulsive and says things without really

thinking about them. She's also a hard nut to crack and has a rough edge to her—she's influenced by her religion and makes judgments without really understanding how affective they can be."

"Raleigh has a great way of pushing May's buttons to get her to think about things—actually thinking when she says them," she continues. "He's always challenging her and this is part of what makes her so furious because he knows exactly the right buttons to push."

Event ticketing going to hell

JONN
KMECH

A&E Commentary

I love buying tickets to events. No, scratch that—I love the process of buying tickets to events.

I'm not talking about the honourable old-school style of camping out in front of the glass windowed booth the night before, earning your rightful place in the front row through patience and braving the elements with your fellow man. I mean battling in the barbed wire trenches of Ticketmaster's website, waiting online in the wee hours of the morning, only to type in the damn security check words wrong because you can't read twisted lettering in your sleep-deprived state, and finding out that by 10:01 am, you're already going to be trolling eBay for nosebleed tickets to Good Charlotte.

For those of you who love this highly inconvenient nuisance as much as I do, last week's news about the prospects for the future might just cause your brain to implode. As you may have heard, Ticketmaster, the largest ticket company in the world, has moved to merge with Live Nation, the largest promoter in the world, creating an entertainment behemoth that would rule over the entire industry like Big Brother over Oceania.

Despite the two companies' dubious PR claim that the corporate fusion will "improve the live entertainment experience and drive major innovations in ticketing technology, marketing, and service" and "strengthen and enhance the direct connection between artists and fans." This has the potential to create a monopoly the likes of which Rich Uncle Pennybags couldn't have predicted, and could result in a worst-case-scenario for ticket purchasing that has the potential to bankrupt consumers just so that they can get

their kids Hannah Montana tickets.

Granted, Ticketmaster has always been shift in their practices, as has been seen in the past month with the controversy over their site TicketsNow, which allows people to auction off tickets that they've bought to the highest bidder. This drew the ire of the Boss himself after fans said that no tickets for his concert were available immediately after they were put on sale, and asserted that Ticketmaster had just flipped them directly to their auction site to sell them for double the price, effectively becoming the world's largest scalper. As well, they've been at the centre of several class-action lawsuits for their grotesque "convenience" charges.

But it's been rumoured that if Ticketmaster and Live Nation merged (due to what would be a colossal failure of American antitrust courts and the Justice Department), they may shift to a completely TicketsNow-like auction-based system, with no more fixed price tickets anywhere.

The entire situation represents a huge step backwards for the industry, as Live Nation's growth and emergence in the ticketing market over the past few years had represented one of the few worthy competitors and threats to Ticketmaster in decades. If this deal goes through, it could mean that fans would be paying more for tickets and that artists couldn't even control how they sell seats at their own shows. Imagine a world where you could never get tickets to your show without bidding hundreds of dollars and you'll see how poorly this situation could play out.

Luckily, there's already significant resistance to the plan by both artists as well as US Senators, and the merger could be jammed in antitrust courts for a while as the Justice Department reviews the case.

However, if it somehow, against all logic, does get approved, instead of getting ripped off by Ticketmaster online, we may be reduced to buying from the greasy guy in the trenchcoat outside the venue—he might even end up being cheaper and at least he's not lying about how he's ripping off his customers.

Social mutiny needed to stop piracy

CODY
CIVIERO

A&E Commentary

Man the guns and cast the sails, because a giant battle over piracy is mounting. After much petitioning from media companies, the government of Sweden is pursuing copyright charges against the massive torrent site, The Pirate Bay.

The site's owners are confident that the charges will fall through, and they're probably right—half of them were tossed out after a single day in court. But either way, it doesn't matter. If they went down, there would be an unlimited number of similar domains ready to scoop their users.

Not only is music and film piracy incredibly easy, but it also doesn't feel like theft to the majority of people. There's a psychological disconnect between downloading a bunch of tracks and pocketing a hard copy of the same album.

There are two likely reasons for this: downloading doesn't hurt anyone in any immediate, direct way, and there's widespread societal acceptance of it. Most people who would openly denounce music piracy as a crime would be regarded as stuck-up and prudish to the overwhelming majority who have become accustomed to an unlimited stream of free entertainment.

While I'm not going to be crippled by guilt over a ripped-off Rolling Stones track, the vast majority of musicians out there aren't drinking Cristal and rollin' around in Escalades. They're middle-class creative souls that are economically stifled into holding mind-numbing day jobs. It's easy for someone to assert that the real reward comes in having a listening audience, but that might not be enough for an undiscovered band looking for a break. Single tracks cost thousands of dollars to be professionally produced, and small gigs pay barely

enough to cover the cost of performing.

While less sympathy is likely to be extended to large motion picture studios, major films cost millions of dollars to create. A few bucks for a finished product is a fair trade, all things considered.

But with such widespread piracy, any copyright lawsuits or other enforcement methods have become greatly impractical. The music and film industries need to recognize the futility of devoting resources towards shutting down torrent sites, and instead go on the defensive.

Piracy losses are exacerbated by the poor products and service being offered by legitimate companies. Many smaller-name artists are nearly impossible to find for purchase, yet are readily available on file sharing programs. And iTunes tracks, for example, were encumbered by digital rights management (DRM) restrictions until very recently. DRM technology is intended to prevent file format conversion and copying. In practice, this causes a multitude of issues, including rendering content unusable when new standards and formats evolve.

It just makes it even more tempting to steal when multimedia companies show such contempt, hostility, and paranoia towards their own paying customers.

Instead of putting out a product inferior to their illegal counterparts, media companies need to accept the new dynamics and start offering things that peer-to-peer sites can't. Retailers could offer codes to redeem for physical swag like band stickers and posters. They could provide means of backing up tracks in case a computer fails, and other customer service features. Similarly, movie theatres need to justify the costs of tickets, and they could start by doing something about obnoxious audience members, sticky floors, and bad smells.

The piracy problem will only be solved by changing cultural attitudes and better customer relations from corporations big and small. Shutting down a file sharing website or two won't affect anyone or anything beyond its owners, and they're here to stay as long as the internet remains.

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Culture 102 Red Carpet Edition

Exhibit A: Mike Myers



At the gala 81st Academy Awards Sunday night in Los Angeles, Mike Myers' majestic character study *The Love Guru* shocked no one by taking home zero Oscars after receiving zero nominations. It did, however, win the Golden Raspberry Award for Worst Picture of the Year and Myers won for Worst Actor.

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albumreview

Leathermouth

XO
Epitaph Records



PAUL KNOECHEL
Arts & Entertainment Staff

If you've recently seen a crappy action movie featuring speed freak neo-Nazis, they were probably listening to Leathermouth. That's not to imply that these guys are in any way bigoted themselves, but holy fuck, do they make some angry music. If it's not immediately obvious by track titles like "5th Period Massacre" and

"Sunsets are for Muggings," once they start throwing out lines like "I'll paint this town blood red tonight / erase this scum from my fucking sight" in the song, with lyrics taken from the letters of Jack the Ripper, you'll clue in quickly.

Leathermouth is the brain-child of My Chemical Romance

guitarist Frank Iero, who wants to create "raw, confrontational punk rock," according to the CD case. And you know what? He sure did just that. More than half the lyrics don't have any chance of being deciphered, the instrumentals are rough, loud, and intense, and you'll feel simply out of breath just listening to these guys half play and half murder their tone-to-shreds instruments.

It'd be nice to be able to say that one or two tracks really stood out, but after a while, it just blurs into one big, exhausting half hour of angry riffs and screams. If you're really into garage bands that scream non-stop, you'll love these guys. But I needed to take a break after the first four minutes, and I didn't feel like picking it up again after that.

albumreview

James Hunter

The Hard Way
Hear Music



STEFFI ROSSKOPF
Arts & Entertainment Staff

Ray Charles meets Al Green—that's the first connection that comes to mind upon hearing James Hunter's third album, *The Hard Way*. Hunter captures the rhythmic soul of Charles with the characteristic smooth vocal charm of Green.

He also openly embraces the

heavy weights of soul, channeling Lowman Pauling, Sam Cooke, Smokey Robinson, and Johnny "Guitar" Watson from the heart of his Gibson Jazz guitar. Songs like the quiet "Class Act" and the rather funkier "Don't Do Me No Favours" make this very apparent, the latter of

which offers a dynamic intro, topped up with a guitar solo in the middle of the song that you can't seem to shake after it's latched onto your brain.

The sweetness of Hunter's voice, as track number four, "Carnal," recalls Robinson's *Motown* tenderness. Similarly, the zest of Sam Cooke's influence becomes apparent in songs like "She's Got A Way" and "Jacquelin."

With his R&B-blended rock 'n' roll, Hunter pays homage to the legacy of Motown without ever ripping off the legends of Detroit and it's not until you get such a refreshing collection of soul these days without rocking through your parents' dusty record stacks.



ONE BADASS SWEATER VEST Matt Peters of Winnipeg's The Waking Eyes brought their finest knitted garments and Telecasters to the Starlite Room Saturday as they played alongside Arkells and Ayla Brook.

NATALIE RITSON

T.G.I.T.



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2. The health and dental plan would cost each student \$192.34 per year for the 2009/2010 and 2010/2011 academic year, said fee being assessed by the University with tuition and other non-academic fees;
3. That in subsequent years, any increase or decrease in the cost of the plan will be subject to approval by Students' Council;
4. That the SU Executive be authorized to enter into the necessary contractual agreements with Studentcare.net/works contingent upon the inclusion of acceptable transparency and accountability provisions;
5. That a fee for the undergraduate health and dental plan would continue to be assessed until;
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 - b) Such a time that Studentcare.net/works terminates the agreement.



For more information about how to register as a member of a plebiscite or referendum side, please email the Chief Returning Officer at cro@su.ualberta.ca



CANADA WEST RESULTS

FRIDAY, 20 FEBRUARY
WESMEN vs GOLDEN BEARS

Winnipeg (0)	16	19	17
Alberta (3)	25	25	25

Game Leaders

Kills	12 (Three-way tie)
Assists	43 (Mike DeRocco - AB)
Digs	8 (Tyler Myroniuk - AB)
Total Blocks	5 (Justin Merta - TWU)

SATURDAY, 21 FEBRUARY
BOBCATS vs GOLDEN BEARS

Brandon (0)	22	23	18
Alberta (3)	25	25	25

Game Leaders

Kills	12 (Joel Schmuland - AB)
Assists	29 (Mike DeRocco - AB)
Digs	7 (Cameron Blewett - BRA)
Total Blocks	7 (Spencer Leiske - AB)

Volley-Bears reclaim Canada West throne

With two strong showings against Manitoba opponents, Alberta earns 13th conference banner

NICK FROST
Sports Editor

The Bears just keep holding on to what's Golden.

For the fourth time in five years, the Alberta men's volleyball team has emerged from the conference's final four as the Canada West Champions, and will now move forward to the 2008/09 CIS Championships on their home court as the top-seeded team in the tournament. In their 19th- and 20th-straight victories dating back to the start of the year, the Bears sealed their success through a pair of 3-0 victories against the Winnipeg Wesmen and the eventual silver-medallist Brandon Bobcats.

Though the celebrations seemed somewhat subdued on the Alberta bench after Saturday night's gold-medal game, there was no lack of excitement or pride on the part of the coaches and players. Head coach Terry Danyluk—who has celebrated this feat numerous times in his 16 years on sidelines—described the feeling as one that never gets old.

"Every year's so new to me—I try to think back to how all the others unravelled and I don't have much of a memory because, when I start every season, it's like something completely new," Danyluk said. "To take this group of guys together and for us to work and win the Canada

West Championship—that's all I know, and the feeling is awesome."

Having had the previous two weekends off, the Bears sought to come into the weekend and prove that the layoff hadn't applied any rust to their flawless exterior.

"All defensive things revolve around your serving and I thought we did a good job of that, keeping the ball off the net—that way, we didn't allow Brandon's Joel Small to get many kills in the middle."

TERRY DANYLUK
GOLDEN BEARS VOLLEYBALL HEAD COACH

After soundly dismantling the Winnipeg Wesmen 25-16, 25-19, 25-17 to advance to the gold-medal match on Saturday, Alberta was in for a much tougher test against Friday's night other winners from Brandon.

Through the first two sets, the Bobcats pushed the Bears to their very limit, losing the matches by three and two points respectively. According

to Alberta right-side attacker Joel Schmuland who finished with a game-high twelve kills and Player of the Game honours, his team expected their opponents' attack to be fiercer than their own quest for the highest-possible ranking in next week's national tournament.

"This match was very close—they definitely have a couple of big key players that definitely can score when they want to," Schmuland said. "Our middles did a phenomenal job tonight, every ball and getting places where most of the middles wouldn't, and it really helped us. I think our team is, generally, really good in the second half of sets and we came out strong tonight after 12 and after 15."

On paper, the two teams matched up closely in most statistical categories all the way to the final set, however, it was Alberta's defensive numbers that gave them the edge to ultimately prevail.

"All defensive things revolve around your serving and I thought we did a good job of that, keeping the ball off the net—that way we didn't allow [Brandon's Joel] Small to get many kills in the middle," Danyluk explained. "We know that happens, we block and defend really well and that's one of the strengths we have, because we're a bigger team and we have some really good volleyball players."

V-Ball Panda hopes for nationals dashed

BLACKFROST
Sports Editor

Calgary Dino Kathryn Moncks nailed her the final service ace during the fifth set of Saturday's Canada West bronze medal match, the Pandas volleyball team watched their season come to an abrupt halt in one of their most disappointing weekends this year.

Though Alberta needed only a single victory to advance to the CIS Championships, the results just didn't come as they were eliminated from playoff contention, suffering back-to-back 2-2 losses to the eventual Canada West gold-medallist Trinity Western Spartans and bronze-medallist Calgary Dinos.

It was a heartbreaking scene for many on hand, as teary-eyed Pandas players humbly walked off the court after a 25-20, 19-25, 18-25, 25-17, 2-15 loss on Saturday. After the match and a brief meeting with her team, a distraught Pandas head coach Laurie Eisler had few, but poignant words to communicate the team's state immediately following the loss.

"They're devastated," Eisler said.

"It's just raw pain—it's devastating, it's heartbreaking, and it's shocking. It's a really harsh way for our season to end and it feels like it's premature. Having said that, we were very aware nothing was a given and that we'd have to go for everything we got. It's extremely painful that we already set really high goals for our team."

The scoreboards from both Thursday's match with the Spartans and Saturday's bronze-medal match with Calgary mimicked tendencies that plagued the Pandas in the latter half of their season. While the Pandas managed strong starts on both occasions, they would fail to adjust to

any changes their opponents made and, ultimately, found themselves clawing back after the third set.

"I think that, on the positive side, we were prepared to play," Eisler explained. "They definitely know what to do to get themselves ready to play and definitely came out at a high level. The achilles heel would be that, when the other team pushes back or make some adjustments, we were a little bit slow in responding to that. You have to find a way to sustain in volleyball and we just didn't do that against two really great teams."

For the Dinos, having the opportunity to walk away with a medal in their provincial rival's home arena, as well as preventing the Pandas from attending nationals, carries a feeling of sweet satisfaction. Calgary head coach Jesse Knight—in his first year as head coach—is humbled by the chance to steal bragging rights away from someone as experienced as Laurie Eisler.

"To get there is a huge honour—I couldn't be happier," Knight said. "Especially against Laurie, who has been there a lot of times and won it more than anyone else."

Despite it all, however, Eisler continued to echo positive sentiments about this year's team. Though it didn't end quite the way they'd hoped, she still believes that there are a lot of good things to take out of this season.

"This group of athletes have consistently done—over not just one year, but many years—everything right. Anything you can ask of them, they've done," Eisler said. "And it's a really tough feeling when you've done all that and you still don't get the result. It'll take this group a while to realize some of the positives from it, but it's obviously hard to do that right now."



PETE YEE

END OF THE ROAD A very dejected Pandas volleyball team show their disappointment on the court after being defeated by the Calgary Dinos in the Canada West bronze medal match on Saturday.

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SPORTS
SHORTS

Compiled by Matt Pretty

Golden Bears Basketball

The Bears basketball squad finished their season earlier than they would have liked this weekend, as they fell to the Calgary Dinos in a closely contested Central Division Semi-Final.

Graduating Bears Neb Aleksic and Justin VanLoo made their final series in Alberta uniforms memorable, as they scored 25 and 19 points respectively in a tight 91-85 loss on Friday night.

On Saturday, a 31-point fourth quarter by the Bears pulled them heartbreakingly close to salvaging a win, but it wasn't quite enough as Calgary took the game 82-78 and the series 2-0. VanLoo led Alberta with 19 points in his curtain call, while Harvey Bradford chipped in with 16 and Aleksic scored 14.

The Don Horwood era of Alberta basketball also officially came to a close with the loss as the coach walked off the court for the last time Saturday, making way for new head man Greg Francis. Calgary moves on to the Canada West Final Four next weekend at UBC.

Swimming

The Bears and Pandas swim teams saved their best day for last at the CIS swimming championships at UBC last weekend. Three Alberta swimmers brought home individual medals on Saturday, leading the women to a sixth-place team finish while the men finished up in seventh.

Panda captain Lauren Gillespie set a new school record in the 200m backstroke and won a bronze medal, while rookie Kayla Voytechek brought home a silver medal in the 50m breaststroke.

On the Bears' side, Brian Yakiwchuk won silver in the 1500m freestyle, a step up from his bronze of a year ago. Another Alberta record fell to the Pandas' 400m medley relay team, who finished in fourth place.

Overall, UBC swam away with the men's title while Calgary took the women's banner. The two



PAUL BAKER, THE GAZETTE

LAST CALL During Saturday's tilt with the Dinos, Don Horwood bands together with his players during one of his last huddles as the Bears head coach.

powerhouses flip-flopped for the second-place spots, while the Toronto Varsity Blues finished third on both sides.

Golden Bears Hockey

The Puck Bears were shorthanded this weekend as seven Alberta players and head coach Eric Thurston are in China for the Winter Universiade. However, it didn't seem to matter, as the Bears were still able to bring home four points from Lethbridge in their last regular season series.

Greg Gardner led Alberta with a goal and an assist in a 5-4 shootout win on Friday night. Jesse Gimblett, Tyler Metcalfe, and Kyle Pess also tallied for the Bears in regulation, while Dale Mahovsky scored the shootout winner.

Mahovsky lit the lamp again in Saturday night's game, a 2-1 Alberta victory. Real Cyr picked up both wins in net for Alberta, with his best performance coming on Saturday night when he shut down the Horns with 21 saves.

Winter Universiade

Meanwhile, across the Pacific, the many Bears and Pandas suiting up for the Canadian Universiade men's and women's hockey teams are having a grand old time.

On the men's side of the ice, the Canadians sit at 2-0 after reaching double-digits in two convincing victories to open the tournament. In their opener, the varsity Canucks came out gunning with a 13-0 win over China, garnering 94 shots

in the process.

Alberta's Aaron Sorochan got the shutout in goal, while Bears teammate Brian Waddell notched a hat trick. They would follow up their performance two nights later with an 11-2 win over the lowly lads from Great Britain, powered by goals from Alberta's Ben Kilgour, Chad Pearson, and Ian McDonald.

Seven Pandas are also proudly representing both their country and school's hockey teams in Harbin, China. Canada currently sits at 1-1 with wins against Great Britain, Finland, and Sweden. The Red and White have amassed 10 goals, and Alberta forward Leah Copeland and Stephanie Ramsay have both posted two-point performances to help lead the effort.

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ROBBY DAVIS, THE SHEAF

BOUND FOR GLORY Pandas basketball will meet up with the Huskies again in Burnaby at the Canada West Final Four.

Hoop Pandas win division

Alberta scores playoff upset against Huskies, earning Central title and berth at nationals

JORDAN HARTSHORN
The Sheaf

SASKATOON (CUP)—At the Physical Activity Complex this weekend, Pandas basketball topped the University of Saskatchewan Huskies, winning two of three games in the Central division final to claim their third consecutive division crown.

For all intents and purposes, the series was essentially a rubber-stamp bout. While the division winner typically receives an exclusive berth to the Canada West final four and a potential ticket to the national championships, both Saskatchewan and Alberta already knew that they would be advancing all the way to nationals regardless the outcome.

"[The Central Division final] means something to everybody," Edwards said. "You don't want to settle—these teams love to compete against each other. There is a great positive rivalry

here between Saskatchewan and Alberta. Every kid busts their butt the entire time."

Alberta's smothering defence dominated the series from start to finish. During the Pandas 67-46 blowout win on Friday, the Pandas held the Huskies 25 points below their season scoring average. The hosts bounced back 73-64 on Saturday, but Sunday was all Pandas. After falling behind early in the first half, Alberta clawed back to tie it 29-29 by halftime. Thanks to some torrid shooting and a tenacious full-court press to open the third frame, Alberta was soon up by 14 points and never looked back, winning 74-55.

Edwards will take part in nationals for the second time with the Pandas who last made an appearance on CIS' biggest stage in 2006/07. For his team to succeed at the Canada West final four and beyond, he knows they'll need the same kind of defensive efforts witnessed against Saskatchewan.

"We don't really have a kid who can go for 30 on any given night," Edwards explained. "So, we need to challenge our kids to play competitive defence as a team to give ourselves a chance to win on any given night."

Fifth-year guard Ashley Wigg—

who finished with six points and seven assists in Sunday's affair—was a member of the previous Pandas squad to reach nationals and will be the voice of both confidence and experience for the team.

"It's nice to know that you're the deserving team and that you are not getting in by a wild card, and worked your way and deserved to be there," fifth-year guard Ashley Wigg said, who leads the Pandas in scoring with 11.3 points per game.

The Pandas' golden ticket to nationals in Regina from 6-8 March now goes as follows: Alberta advances to the Canada West final four at Simon Fraser University this coming weekend as Central division champions while the Huskies receive the tournament wild card entry. The other two participants are the Regina Cougars, the Great Plains Division Champion and the Simon Fraser Clan, the victors of the Pacific Division.

Since Canada West receives three berths to nationals this season and Regina is guaranteed a spot thanks to their hosting duties, all four teams can book their hotel rooms for the Queen City in early March. The conference final four will only serve as means to determine seeding at nationals.

CANADA WEST FINAL FOUR SCHEDULE

Hosted by Simon Fraser Clan, all games at the SFU West Gym

Friday, 27 February, 2009: **Alberta Pandas** vs Simon Fraser Clan (Semi-Final #1) 6:15pm

Friday, 27 February, 2009: Regina Cougars vs Saskatchewan Huskies (Semi-Final #2) 8:15pm

Saturday, 28 February, 2009: Loser Semi-Final #1 vs Loser Semi-Final #2 (Bronze Medal match) 5pm

Saturday, 28 February, 2009: Winner Semi-Final #1 vs Winner Semi-Final #2 (Gold Medal match) 7pm

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The Gateway is accepting applications for the position of Editor-in-Chief and Publisher for the 2009/2010 publishing year. The term runs from 1 May 2009 to 30 April 2010 and pays \$2018.78/mo*. Applicants must plan to be enrolled at the U of A in at least one class per semester for the 2009/2010 school year; must be available to work varying hours; must have computer and layout skills; and will preferably have been a Gateway editor, or possess equivalent leadership and editorial experience.**

Applicants should submit a covering letter, resumé and a portfolio to **Gateway Business Manager (Asia Skudlarek, 492-6669, biz@gateway.ualberta.ca)** by noon on Friday, 6 March 2009. Only shortlisted candidates will be contacted for interviews.



* Pay will be adjusted for inflation over the summer and may increase.

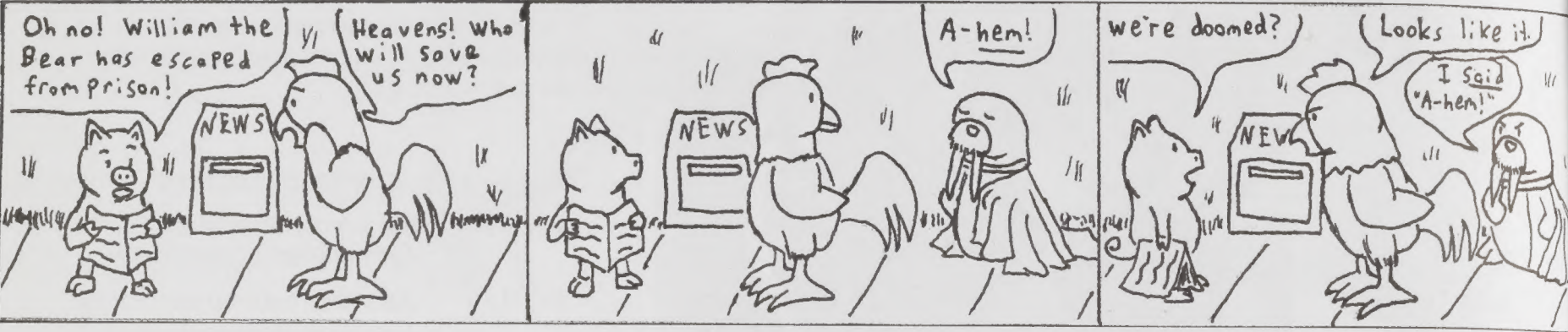
** Complete job description (subject to change) is available at www.gateway.ualberta.ca/gsj

THE GATEWAY

POP & ICE CREAM by Lance and Evan Mudryk



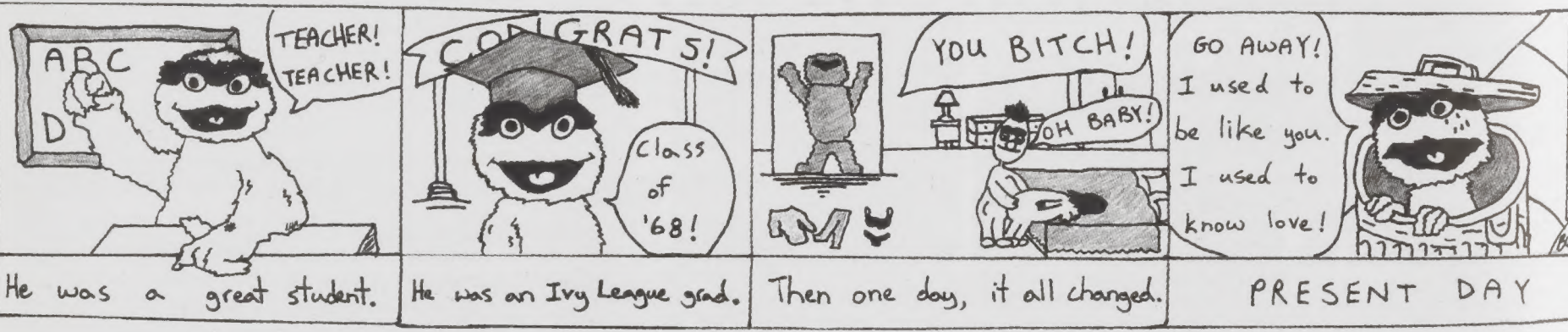
WONDER WALRUS by Rory Fidler



THE SCRIBBLE MONSTER by Eric Chiang



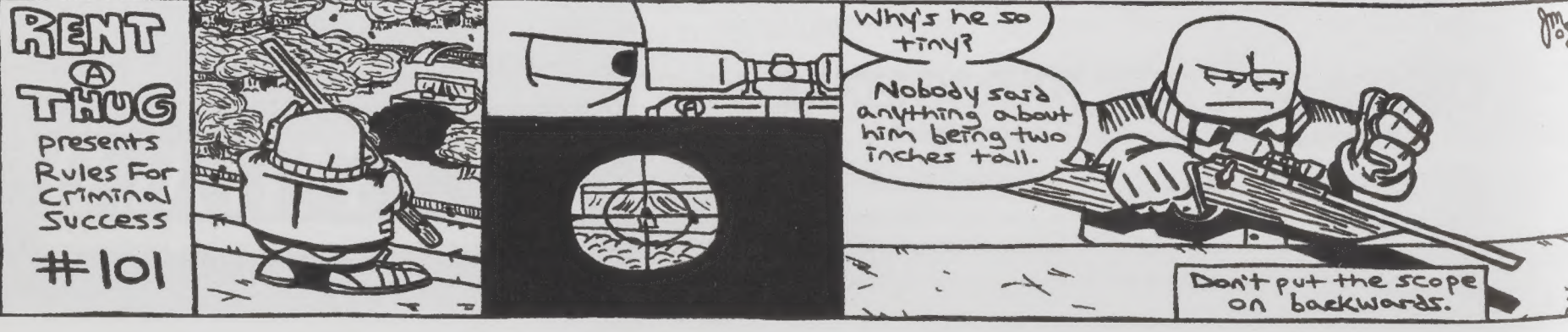
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SAM BROOKS

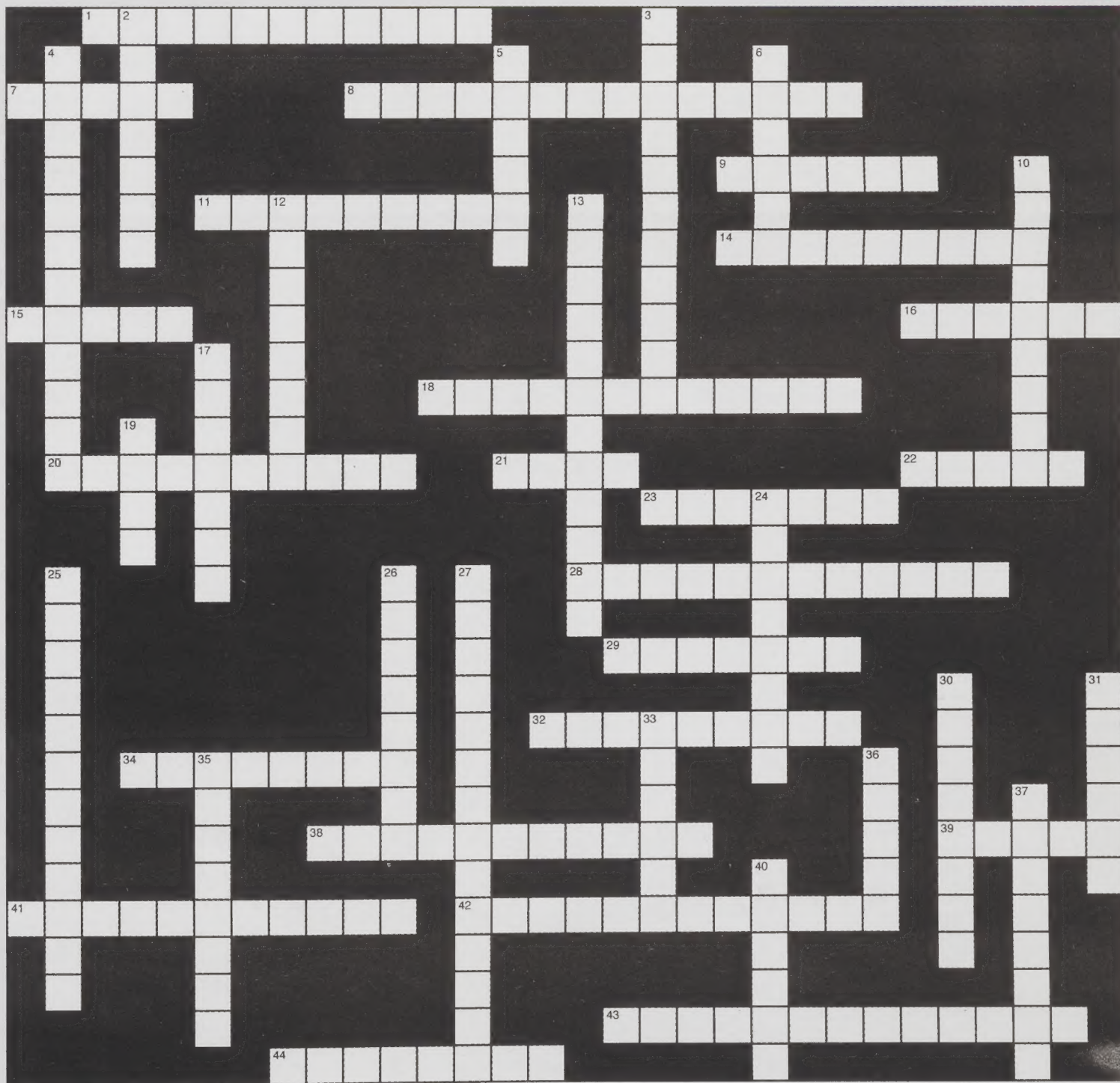
Sing-Along Crossword

The Gateway Crossword makes some beautiful music with this musical-themed crossword! It's time to rack your brain for Broadway knowledge.

The Crossword runs most Tuesdays with the answer available at thegatewayonline.ca

Across

1. A spoonful of sugar helps this musical go down
7. Kiss Me Kate is a musical based on Shakespeare's famous play, *The Taming of the*
8. Wicked star Chenoweth's TV pie-fest
9. New London production opened in January 2009
11. The Phantom's obsession
14. Number of dancers who audition for spots in *A Chorus Line*
15. The traitor in *Jesus Christ Superstar*
16. There's a moment you know, you're _____
18. The T-birds' rivals
20. Little Meat Shop of Horrors
21. Simba just can't wait to be _____
22. Original title of *Fiddler on the Roof*
23. Cosette's mother
28. The man-whore cat
29. Liza Minnelli's Oscar award-winning role as Sally Bowles in
32. Red and yellow and green and brown outer wear
34. Based on the songs of ABBA
38. The very model of a modern major musical
39. If I only had a _____
41. It begins with an unconscious Argentinean
42. Just a sweet transvestite from transexual _____
43. Musical drug parody
44. Maria watches over the _____ children



- memorable show stopping number from this musical
5. Idina Menzel originated the lead in this tale of a witch
6. Six-time 2002 Tony Award winning musical, *Thoroughly Modern*
10. *Singin' in the Rain's* popular silent film star

12. She wanted to see her name in lights
13. Feisty red-headed country singer who starred in the concert version of *South Pacific*
17. Small-time gambler from *Guys and Dolls*, Nicely-Nicely _____
19. You can't stop the _____

24. When will the sun come out?
25. *You're A Good Man, _____*
26. The team name from *High School Musical*
27. The one about the female male female impersonator
30. *Chitty Chitty _____*
31. The town that doesn't dance in

- Footloose*
33. Love of Seymour Krelborn's life
35. Featuring the songs of Billy Joel
36. The *RENT* assassination. Who died? Our Akita
37. Leader of the Evil League of Evil
40. *42nd Street's* nervous but enthusiastic chorus girl, Peggy _____

Down

2. Gary Coleman oversees the apartments on
3. *Annie Get Your Gun's* Wild West Show star
4. Springtime for Hitler is a



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